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Direct Dial: 501-313-4203 Email: kodwyer@htolaw.com WILLIAM H. TRICE III (1946-2014)

October 29, 2018

Via email and U.S. Mail donna@arkleg.state.ar.us

Ms. Donna K. Davis, Committee Staff Bureau of Legislative Research State Capitol Building, Room 315 Little Rock, AR 72201

RE: My Client: Arkansas State Board of Optometry Proposed Amendment to Chapter 5, Article IX

Dear Ms. Davis:

Enclosed please find the following:

- 1. Two copies of Questionnaire and Financial Impact Statement.
- 2. Two copies of the Mark-Up Amendment.
- 3. Two copies of the Proposed Amendment.
- 4. Two copies of a Summary.
- 5. Two copies of the Notice of Hearing that is being published, setting forth the public hearing for February 14, 2019.

Please schedule this for a hearing before the Committee of Legislative Council and notify me of the date and time of the hearing. I wait to hear from you.

Respectfully

Kevin M. O'Dwyer

Attorney for the Arkansas State Board of Optometry

KMO/mel Enclosures

cc w/encl.:

Arkansas Secretary of State, register@sos.arkansas.gov

Arkansas State Library, statedocs@library.arkansas.gov

Dr. Howard Flippin, Executive Director, aroptometry@sbcglobal.net

QUESTIONNAIRE FOR FILING PROPOSED RULES AND REGULATIONS WITH THE ARKANSAS LEGISLATIVE COUNCIL

DEPARTMENT/AG	ENCY Arkansas Sta	ate Board of Optometry		
DIVISION	<u> </u>			
DIVISION DIRECT	OR Howard Flip	pin, OD, Executive Direc	tor	
CONTACT PERSON	Kevin M. O'	Dwyer, Attorney		
ADDRESS	211 S. Sprin	g Street, Little Rock AR 7	72201	
PHONE NO. 501	1-372-4144 FAX	NO. <u>501-372-7480</u>	E-MAIL kodwy	yer@htolaw.com
NAME OF PRESENT	TER AT COMMITT	EE MEETING Kevin	M. O'Dwyer	
PRESENTER E-MA	IL kodwyer@htola	w.com		
	1	NSTRUCTIONS		
necessary. C. If you have a methof this Rule" below D. Submit two (2) co	es of this form for fut th question <u>completel</u> thod of indexing your w. pies of this questionn		oposed citation af	ter "Short Title
Admin Arkan Bureat One C Little I		eil erch **********		
1. What is the short ti	tle of this rule? Chap	ter 5, Article IX – Prescri	bing Controlled Su	bstances
2. What is the subject	of the proposed rule?	To mandate the use of the Program	he Prescription Dru	ng Monitoring
		eral statute, rule, or regula culation, and/or statute cita		No <u>X</u>
4. Was this rule filed	under the emergency p	provisions of the Adminis	trative Procedure A	Act?
If we what is the e	effective date of the em	iergency rule? N/A	Yes 🗌	No X
ir yes, what is the e	freelive date of the ch	tergency rule: 14/11		
When does the eme	ergency rule expire?	N/A		
Will this emergency Procedure Act?	y rule be promulgated	under the permanent prov		
			Yes	No <u>X</u>

5.	Is this a new rule? Yes \square No \underline{X} If yes, please provide a brief summary explaining the regulation.
	Does this repeal an existing rule? Yes \square No \underline{X} If yes, a copy of the repealed rule is to be included with your completed questionnaire. If it is being replaced with a new rule, please provide a summary of the rule giving an explanation of what the rule does. \square
Is	this an amendment to an existing rule? Yes \underline{X} No \square If yes, please attach a mark-up showing the changes in the existing rule and a summary of the substantive changes. Note: The summary should explain what the amendment does, and the mark-up copy should be clearly labeled "mark-up." Attached.
6.	Cite the state law that grants the authority for this proposed rule? If codified, please give the Arkansas Code citation. Act 820 of 2017 and A.C.A. §17-90-204.
7. <u>Par</u>	What is the purpose of this proposed rule? Why is it necessary? To add language under Section 1, rt A, regarding prescribing of opiate medications and documentation of patient record.
8.	Please provide the address where this rule is publicly accessible in electronic form via the Internet as required by Arkansas Code § 25-19-108(b). <u>www.aroptometry.org</u>
9.	Will a public hearing be held on this proposed rule? Yes \underline{X} No \square If yes, please complete the following:
	Date: February 14, 2019
	Time: 1:30 p.m.
	Arkansas Optometric Association 1401 W Capitol, 4th Fl., Room 445
	Place: Little Rock AR
10	When does the public comment period expire for permanent promulgation? (Must provide a date.)
10.	December 6, 2018
11.	What is the proposed effective date of this proposed rule? (Must provide a date.)
	March 29, 2019
12.	Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the publication of said notice. Attached. Proof of publication will be provided after it is received.
13.	Please provide proof of filing the rule with the Secretary of State and the Arkansas State Library as required pursuant to Ark. Code Ann. § 25-15-204(e). Will provide after approval by Governor.
14.	Please give the names of persons, groups, or organizations that you expect to comment on these rules? Please provide their position (for or against) if known. <u>Arkansas Optometric Association</u>

FINANCIAL IMPACT STATEMENT

PLEASE ANSWER ALL QUESTIONS COMPLETELY

DEPARTMENT Arkansas State		ite Board o	f Optometry	7			
DIVISION							
PERSON COMPLE	TING THIS	STATEM	IENT Key	vin M. O'Dwy	er, Atto	rney	
TELEPHONE 501-3	372-4144	_FAX <u>50</u>)1-372-7480	EMAII	kodw	yer@htolav	v.com
To comply with Ark Statement and file tw	To comply with Ark. Code Ann. § 25-15-204(e), please complete the following Financial Impact Statement and file two copies with the questionnaire and proposed rules.						
SHORT TITLE OF	THIS RUL		lment to Ch Monitoring I	apter 5 Article Program	e IX Gov	verning Pres	cription
1. Does this propos	ed, amended,	or repeale	d rule have	a financial imp	pact?	Yes 🗌	No <u>X</u>
2. Is the rule based economic, or oth need for, consequ	er evidence a	nd informa	ition availab	le concerning		Yes X	No 🗌
3. In consideration by the agency to				his rule detern	nined	Yes <u>X</u>	No 🗌
If an agency is pr	oposing a mo	ore costly r	ule, please s	tate the follow	ving:		
(a) How the ad N/A							
(b) The reason for adoption of the more costly rule; N/A							
	if so, please explain; and;						
(d) Whether the explain. N/A	e reason is wi	thin the sco	ope of the a	gency's statuto	ory auth	ority; and if	so, please
4. If the purpose of the	nis rule is to in	nplement a	federal rule	or regulation, p	olease sta	ate the follow	ving:
(a) What is the	cost to imple	ment the fo	ederal rule o	r regulation?			
Current Fiscal Year				Next Fiscal Y	<u> ear</u>		
Federal Funds Cash Funds	N/A			General Rever Federal Funds Cash Funds Special Rever Other (Identif	iue		
Total				Total			

(b) What is the	additional cost of the state rule?		
Current Fiscal Y	<u>ear</u>	Next Fiscal Year	
Federal Funds Cash Funds Special Revenue Other (Identify)	N/A	General Revenue Federal Funds Cash Funds Special Revenue Other (Identify)	N/A
Total		Total	
	timated cost by fiscal year to any proded, or repealed rule? Identify the reaffected.		
Current Fiscal Year		Next Fiscal Year	
\$ N/A		\$ N/A	- -
<u>Current Fiscal Year</u> \$ N/A		Next Fiscal Year N/A	
or obligation of at loprivate entity, priva	agency's answers to Questions #5 as east one hundred thousand dollars (\$ te business, state government, count hose entities combined?	3100,000) per year to	a private individual,
	Y	Yes \square No \underline{X}	
time of filing the fir	is required by Ark. Code Ann. § 25- nancial impact statement. The written npact statement and shall include, w	en findings shall be fil	ed simultaneously
(1) a statement of th	e rule's basis and purpose;		
(2) the problem the a rule is required	agency seeks to address with the pro 1 by statute;	pposed rule, including	a statement of whether
(a) justifies t	the factual evidence that: the agency's need for the proposed reshow the benefits of the rule meet the costs;		bjectives and justify

What is the additional cost of the state rule?

- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
 - (a) the rule is achieving the statutory objectives;
 - (b) the benefits of the rule continue to justify its costs; and
 - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives.

Document: A.C.A. § 17-90-204

< Previous

Next >

A.C.A. § 17-90-204

Copy Citation

Current through all laws of the 2018 Fiscal Session and 2018 Second Extraordinary Session, including changes and corrections by the Arkansas Code Revision Commission.

Arkansas Code Annotated Title 17 Professions, Occupations, and

Businesses Subtitle 3. Medical Professions Chapter 90

Optometrists Subchapter 2-- State Board of Optometry

17-90-204. Powers and duties.

The State Board of Optometry shall have the following powers in addition to those conferred elsewhere within this chapter:

- (1) To make rules and regulations for the administration and enforcement of this chapter;
- (2) To revoke, suspend, or refuse to renew any certificate of license in the manner and for the causes set forth in this chapter;
- (3) To determine what acts on the part of any person licensed under this chapter shall constitute unprofessional conduct;
- (4) To employ or retain the services of attorneys and other necessary assistants in carrying out the provisions of this chapter;
- (5) To bring suit in its proper name to enforce or restrain the violation of any provision of this chapter;
- (6) To administer oaths, to have an official seal, or to issue a subpoena for any witness or a subpoena duces tecum to compel the production of any books, records, papers, or documents pertinent to any matters coming before the board;

(7)

- (A) To levy civil penalties, after providing notice and a hearing, in an amount not to exceed one thousand dollars (\$1,000) for each violation against those individuals, firms, or corporations found to be in violation of this chapter or rules and regulations promulgated thereunder.
- **(B)** These penalties shall be used for the purposes of defraying the expenses of the board and as required for carrying out the provisions of this chapter.
- **(C)** These penalties shall be in addition to other penalties which may be imposed by the board pursuant to this chapter.
- (D) Unless the penalty assessed under this section is paid within fifteen (15) days following the date for an appeal from the order, the board shall have the power to file suit in the Pulaski County Circuit Court to obtain a judgment for the amount of penalty not paid; and
- (8) To promulgate rules limiting the amount of Schedule II narcotics that may be prescribed and dispensed by licensees of the board.



Document: A.C.A. § 17-90-204

MISLULY

Acts 1941, No. 94, § 8; A.S.A. 1947, § 72-811; Acts 1993, No. 474, § 1; 2017, No. 820, § 10.

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Previous

Next >

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Stricken language would be deleted from and underlined language would be added to present law. Act 820 of the Regular Session

l	State of Arkansas As Engrossed: S2/20/17 S3/9/17 S3/13/17 S3/14/17 S3/15/17
2	
3	91st General Assembly A Bill
4	Regular Session, 2017 SENATE BILL 339
5	
6	By: Senator J. Hutchinson
7	By: Representative Hammer
8	
9	For An Act To Be Entitled
10	AN ACT TO AMEND THE PRESCRIPTION DRUG MONITORING
11	PROGRAM TO MANDATE PRESCRIBERS CHECK THE PRESCRIPTION
12	DRUG MONITORING PROGRAM WHEN PRESCRIBING CERTAIN
13	MEDICATIONS; AND FOR OTHER PURPOSES.
14	
15	
16	Subtitle
17	TO AMEND THE PRESCRIPTION DRUG MONITORING
18	PROGRAM TO MANDATE PRESCRIBERS CHECK THE
19	PRESCRIPTION DRUG MONITORING PROGRAM WHEN
20	PRESCRIBING CERTAIN MEDICATIONS.
21	
22	
23	BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF ARKANSAS:
24	
25	SECTION 1. Arkansas Code § 20-7-604(d), concerning the requirements
26	for the Prescription Drug Monitoring Program, is amended to read as follows:
27	(d)(1) Practitioners Except as required in subdivision (d)(2) of this
28	section, practitioners are encouraged to access or check the information in
29	the controlled substance database created under this subchapter before
30	prescribing, dispensing, or administering medications.
31	(2)(A) A prescriber shall check the information in the
32	Prescription Drug Monitoring Program when prescribing:
33	(1) An opioid from Schedule II or Schedule III for
34	every time prescribing the medication to a patient; and
35	(ii) A benzodiazepine medication for the first time
36	prescribing the medication to a patient.



1	(B) A licensing board that licenses practitioners who have
2	the authority to prescribe shall adopt rules requiring the practitioners to
3	check the information in the Prescription Drug Monitoring Program as
4	described in subdivision (d)(2) of this section.
5	(C) This subdivision (d)(2) does not apply to:
6	(i) A practitioner administering a controlled
7	<u>substance:</u>
8	(a) Immediately before or during surgery;
9	(b) During recovery from a surgery while in a
10	<u>healthcare facility;</u>
11	(c) In a healthcare facility; or
12	(d) Necessary to treat a patient in an
13	emergency situation at the scene of an emergency, in a licensed ground
14	ambulance or air ambulance, or in the intensive care unit of a licensed
15	<u>hospital;</u>
16	(ii) A practitioner prescribing or administering a
17	controlled substance to:
18	(a) A palliative care or hospice patient; or
19	(b) A resident in a licensed nursing home
20	facility; or
21	(iii) Situations in which the Prescription Drug
22	Monitoring Program is not accessible due to technological or electrical
23	failure.
24 25	(D) The State Board of Health may amend, by rule, the
26	exemptions listed in subdivision (d)(2)(C) of this section upon a recommendation from the Director of the Department of Health and a showing
27	that the exemption or lack of exemption is unnecessarily burdensome or has
28	created a hardship.
29	(3) A licensed oncologist shall check the Prescription Drug
30	Monitoring Program when prescribing to a patient on an initial malignate
31	episodic diagnosis and every three (3) months following the diagnosis while
32	continuing treatment.
33	
34	SECTION 2. Arkansas Code \$ 20-7-607(a)(1), concerning providing
35	prescription monitoring information to the Prescription Drug Monitoring
36	Program, is amended to read as follows:

1	(a)(l)(A) $\underline{(i)}$ The Department of Health may \underline{shall} review the
2	Prescription Drug Monitoring Program information, including without
3	limitation a review to identify information that appears to indicate whether
4	a person may be <u>is</u> obtaining prescriptions in a manner that may represent
5	misuse or abuse of controlled substances based on prescribing criteria
6	determined by the Director of the Department of Health upon consultation with
7	the Prescription Drug Monitoring Program Advisory Committee.
8	(ii) The prescribing criteria shall be posted on the
9	website of the department and be available in print upon request.
10	(B) If the information appears to indicate misuse or abuse
11	may have occurred, the department shall notify the practitioners and
12	dispensers who have prescribed or dispensed in the following manner:
13	(i) The department shall provide quarterly reports
14	to the individual practitioners and dispensers; and
15	(ii) If after twelve (12) months of providing
16	quarterly reports to the practitioners and dispensers, the information
17	appears to indicate misuse or abuse may be continuing, the department shall
18	send a report to the licensing boards of the practitioner or dispenser who
19	prescribed or dispensed the prescription.
20	(C) If information of misuse or abuse is identified, the
21	department shall notify the practitioners and dispensers who prescribed or
22	dispensed the prescriptions and the Office of Diversion Control of the United
23	States Drug Enforcement Administration.
24	(D) On or before January 1, 2019, the department shall
25	contract with a vendor to make the Prescription Drug Monitoring Program
26	interactive and to provide same-day reporting in real-time, if funding and
27	technology are available.
28	
29	SECTION 3. Arkansas Code § 20-7-611, concerning unlawful acts and
30	penalties regarding the Prescription Drug Monitoring Program, is amended to
31	add an additional subsection to read as follows:
32	(i) A practitioner who purposely fails to access the Prescription Drug
33	Monitoring Program as required by § 20-7-604(d) is subject to disciplinary
34	action by the licensing board of the practitioner.
35	
36	SECTION 4. Arkansas Code § 20-7-605(c), concerning the membership of

1	the Prescription Drug Monitoring Program Advisory Committee, is amended to
2	read as follows:
3	(c) The committee shall consist of:
4	(1) One (1) representative designated by each of the following
5	organizations;
6	(A) The Arkansas Academy of Physician Assistants;
7	(B) The Arkansas Association of Chiefs of Police;
8	(C) The Arkansas Drug Director;
9	(D) The Arkansas Medical Society;
10	(E) The Arkansas Nurses Association;
11	(F) The Arkansas Optometric Association;
12	(G) The Arkansas Osteopathic Medical Association;
13	(H) The Arkansas Pharmacists Association;
14	(I) The Arkansas Podiatric Medical Association;
15	(J) The Arkansas Prosecuting Attorneys Association;
16	(K) The Arkansas Sheriffs' Association;
17	(L) The Arkansas State Dental Association;
18	(M) The Arkansas Veterinary Medical Association;
19	(N) The State Board of Health; and
20	(O) The Arkansas Public Defender Commission;
21	(2) One (1) mental health provider or certified drug and alcohol
22	counselor; and
23	(3) One (1) consumer appointed by the Governor;
24	(4) The chair of the Arkansas State Medical Board or his or her
25	designee who is also a member of the Arkansas State Medical Board; and
26	(5) The chair of the Arkansas State Board of Dental Examiners or
27	his or her designee who is also a member of the Arkansas State Board of
28 2 9	Dental Examiners.
30	SECTION 5. Arkansas Code § 17-95-303, concerning the powers and duties
31	of the Arkansas State Medical Board, is amended to add an additional
32	subdivision to read as follows:
33	(11) Promulgate rules limiting the amount of Schedule II
34	narcotics that may be prescribed and dispensed by licensees of the board.
35	
36	SECTION 6. Arkansas Code § 10-3-309(c), concerning the review and

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1
      approval of proposed state agency rules by the Legislative Council, is
  2
      amended to read as follows:
  3
            (c)(l) A state agency shall file a proposed rule with the Legislative
  4
      Council at least thirty (30) days before the expiration of the period for
  5
      public comment on the rule under the Arkansas Administrative Procedure Act, §
  6
      25-15-201 et seq., or other laws or policies pertaining to the rulemaking
  7
      authority of that state agency.
  8
                  (2) The Legislative Council shall assign proposed rules to the
  9
      Administrative Rules and Regulations Subcommittee of the Legislative Council.
 10
                  (3)(A)(i) The proposed rule shall be reviewed by the
 11
      Administrative Rules and Regulations Subcommittee of the Legislative Council.
 12
                                     When reviewing a rule under subdivision
                              (ii)
      (c)(3)(A)(1) of this section, the Administrative Rules and Regulations
 13
 14
      Subcommittee of the Legislative Council shall allow members of the public a
15
      reasonable opportunity to comment on the proposed rule.
16
                        (B)(i)(a) Except as set forth in subdivision (c)(3)(B)(ii)
17
     of this subsection, Upon upon conclusion of the review of the proposed rule
18
     by the Administrative Rules and Regulations Subcommittee of the Legislative
19
     Council, the proposed rule shall be considered approved unless a majority of
20
     a quorum present request that the Administrative Rules and Regulations
21
     Subcommittee of the Legislative Council vote on the issue of approving the
22
     proposed rule.
23
                              (ii) (b) If the Administrative Rules and Regulations
24
     Subcommittee of the Legislative Council votes on the issue of approving the
25
     proposed rule, the proposed rule shall be approved unless a majority of a
26
     quorum present vote for the proposed rule to not be approved.
27
                             (ii) A proposed rule submitted by the State Board of
28
     Health under Arkansas Code § 20-7-604(d)(2)(D), concerning exemptions from
29
     the requirements of the Prescription Drug Monitoring Program, shall be
30
     considered reviewed and approved by the subcommittee upon an affirmative vote
31
     of three-fourths (3/4) of the members present when a quorum is present.
32
                 (4)(A)(<u>i</u>) Except as set forth <u>in</u> subdivision (c)(4)(B) of this
33
     subsection, A a proposed rule approved by the Administrative Rules and
34
     Regulations Subcommittee of the Legislative Council shall be considered
35
     approved by the Legislative Council unless a majority of a quorum present
36
     request that the Legislative Council vote on the issue of approving the
```

1	proposed rule.
2	(B)(ii) If the Legislative Council votes on the issue of
3	approving the proposed rule, the proposed rule shall be approved unless a
4	majority of a quorum present vote for the proposed rule to not be approved.
5	(B) A proposed rule submitted by the State Board of Health
6	under Arkansas Code § 20-7-604(d)(2)(D), concerning exemptions from the
7	requirements of the Prescription Drug Monitoring Program, shall be considered
8	reviewed and approved by the Legislative Council upon an affirmative vote of
9	three-fourths (3/4) of the members present when a quorum is present.
10	
11	
12	SECTION 7. Arkansas Code § 10-3-309(f), concerning a vote not to
13	approve a state agency rule, is amended to read as follows:
14	(f)(l) A committee or subcommittee under this section may vote to not
15	approve a rule under this section only if the rule is inconsistent with:
16	(A) State or federal law; or
17	(B) Legislative intent.
18	(2) A committee or subcommittee under this section voting not to
19	approve a rule under this section shall state the grounds under subdivision
20	(f)(l) of this section when not approving a rule.
21	(3) A committee or subcommittee under this section considering a
22	rule submitted in accordance with Arkansas Code § 20-7-604(d)(2)(D),
23	concerning exemptions from the Prescription Drug Monitoring Program, is not
24	required to state the grounds required under subdivision (f)(1) when not
25	approving a rule.
26	
27	SECTION 8. Arkansas Code § 17-82-208, concerning the rules and
28	regulations of the Arkansas State Board of Dental Examiners, is amended to
29	add an additional subsection to read as follows:
30	(e) The board shall promulgate rules limiting the amount of Schedule
31	II narcotics that may be prescribed and dispensed by licensees of the board.
32	
33	SECTION 9. Arkansas Code § 17-87-203, concerning the powers and duties
34	of the Arkansas State Board of Nursing, is amended to add an additional
35	subdivision to read as follows:
36	(21) Promulgate rules limiting the amount of Schedule II

1	narcotics that may be prescribed and dispensed by licensees of the board.
2	
3	SECTION 10. Arkansas Code § 17-90-204, concerning the powers and
4	duties of the State Board of Optometry, is amended to add an additional
5	subdivision to read as follows:
6	(8) Promulgate rules limiting the amount of Schedule II
7	narcotics that may be prescribed and dispensed by licensees of the board.
8	
9	SECTION 11. Arkansas Code § 17-92-205, concerning the rules and
10	regulations of the Arkansas State Board of Pharmacy, is amended to add an
11	additional subsection to read as follows:
12	(d) The board shall promulgate rules limiting the amount of Schedule
13	II narcotics that may be dispensed by licensees of the board.
14	
15	SECTION 12. Arkansas Code § 17-101-203, concerning the powers and
16	duties of the Veterinary Medical Examining Board, is amended to add an
17	additional subdivision to read as follows:
18	(12) Promulgate rules limiting the amount of Schedule II
19	narcotics that may be prescribed and dispensed by licensees of the board.
20	
21	/s/J. Hutchinson
22	
23	
24	APPROVED: 04/03/2017
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CHAPTER 5, ARTICLE IX – Prescribing Controlled Substances

Section 1 -

Arkansas optometrist licensed as optometric physician who applies for and possess a DEA number shall:

- A. Prescribe schedules II, III, IV, and V controlled substances only.
 - It is incumbent of Optometrist to prescribe sufficient but minimal opiate medications. Any prescription for a Scheduled II or III opiate shall not exceed the total maximum manufacturer's recommended daily dose for a total of 72 hours' administration. Any refill of a prescription beyond the initial 72 hour prescription requires an inpatient visit and exam. Optometrist shall not prescribe more than 50 Morphine Milligram Equivalents (MME) per day.
 - 2. Patient record must be documented for a justification for the original prescription and for the need of any refill.
- B. Administer and prescribe controlled substances for the diagnosis and treatment of diseases and conditions of the eye, lids, and adnexa.
- C. Not sell any prescription medication including controlled substances.
- D. Be responsible for knowing and abiding by all state and federal regulations pertaining to controlled substances with emphasis on the "Mid-Level Practitioner's Manual", published by the DEA, and all State Board rules and regulations pertaining to controlled substances. Record the names and directions of prescribed controlled substances in the patient's record.
- E. A prescriber who has been found by the Arkansas State Board of Optometry to be in violation of a rule or law involving prescription drugs shall be required by the board to register with the Prescription Drug Monitoring Program and access patient information before writing a prescription for an opioid. The board, in its discretion, may remove this requirement after a period of time if the board deems removal of the requirement appropriate.
- F. Within the first two (2) years of being granted a license in the state, a prescriber shall obtain a minimum of three (3) hours of prescribing education approved by the Arkansas State Board of Optometry. The education approved by the board under this section shall include:
 - 1. Options for online and in-person programs; and
 - 2. Information on prescribing rules, regulations, and laws that apply to individuals who are licensed in the state.
 - 3. Information and instructions on prescribing controlled substances, record keeping and maintaining safe and professional boundaries.

- G. A prescriber shall check the information in the Prescription Drug Monitoring Program when prescribing:
 - 1. An opioid from Schedule II through Schedule III for every time prescribing the medication to a patient; and
 - 2. A benzodiazepine medication for the first time prescribing the medication to a patient.
- H. A practitioner who fails to access the Prescription Drug Monitoring Program as required is subject to disciplinary action by the Board.

Section 2 -

- A. Only optometrists certified as optometric physicians, and/or approved by the Board, shall apply for or possess a DEA number to prescribe controlled substances.
- B. Optometrists not specifically approved by the Board to prescribe controlled substances:
 - 1. Cannot apply for, obtain or possess a DEA number.
 - 2. Cannot prescribe controlled substances without being in violation of State and Federal laws.

PROPOSED ARTICLE

CHAPTER 5, ARTICLE IX – Prescribing Controlled Substances

Section 1 -

Arkansas optometrist licensed as optometric physician who applies for and possess a DEA number shall:

- A. Prescribe schedules II, III, IV, and V controlled substances only.
 - 1. It is incumbent of Optometrist to prescribe sufficient but minimal opiate medications. Any prescription for a Scheduled II or III opiate shall not exceed the total maximum manufacturer's recommended daily dose for a total of 72 hours' administration. Any refill of a prescription beyond the initial 72 hour prescription requires an inpatient visit and exam. Optometrist shall not prescribe more than 50 Morphine Milligram Equivalents (MME) per day.
 - 2. Patient record must be documented for a justification for the original prescription and for the need of any refill.
- B. Administer and prescribe controlled substances for the diagnosis and treatment of diseases and conditions of the eye, lids, and adnexa.
- C. Not sell any prescription medication including controlled substances.
- D. Be responsible for knowing and abiding by all state and federal regulations pertaining to controlled substances with emphasis on the "Mid-Level Practitioner's Manual", published by the DEA, and all State Board rules and regulations pertaining to controlled substances. Record the names and directions of prescribed controlled substances in the patient's record.
- E. A prescriber who has been found by the Arkansas State Board of Optometry to be in violation of a rule or law involving prescription drugs shall be required by the board to register with the Prescription Drug Monitoring Program and access patient information before writing a prescription for an opioid. The board, in its discretion, may remove this requirement after a period of time if the board deems removal of the requirement appropriate.
- F. Within the first two (2) years of being granted a license in the state, a prescriber shall obtain a minimum of three (3) hours of prescribing education approved by the Arkansas State Board of Optometry. The education approved by the board under this section shall include:
 - 1. Options for online and in-person programs; and
 - 2. Information on prescribing rules, regulations, and laws that apply to individuals who are licensed in the state.
 - 3. Information and instructions on prescribing controlled substances, record keeping and maintaining safe and professional boundaries.

PROPOSED ARTICLE

- G. A prescriber shall check the information in the Prescription Drug Monitoring Program when prescribing:
 - 1. An opioid from Schedule II through Schedule III for every time prescribing the medication to a patient; and
 - 2. A benzodiazepine medication for the first time prescribing the medication to a patient.
- H. A practitioner who fails to access the Prescription Drug Monitoring Program as required is subject to disciplinary action by the Board.

Section 2 -

- A. Only optometrists certified as optometric physicians, and/or approved by the Board, shall apply for or possess a DEA number to prescribe controlled substances.
- B. Optometrists not specifically approved by the Board to prescribe controlled substances:
 - 1. Cannot apply for, obtain or possess a DEA number.
 - 2. Cannot prescribe controlled substances without being in violation of State and Federal laws.

SUMMARY

AMENDMENT TO CHAPTER 5, ARTICLE IX - Prescribing Controlled Substances

Amended to add language under Section 1, Part A, regarding prescription of opiate medications and documentation of patient record.

For publication in the Daily Record on November 6, 13, and 20, 2018

Bill to:

Arkansas State Board of Optometry C/O Dr. Howard Flippin PO Box 512 Searcy, AR 72145 Telephone: 501-268-4351

Copy of Proof of Publication sent to:

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NOTICE OF PUBLIC HEARING

In compliance with Arkansas Code Annotated §25-15-204, the Arkansas State Board of Optometry gives notice that it will conduct a public hearing at 1:30 p.m. on the 14th day of February, 2019, at a meeting of the Arkansas State Board of Optometry at the Arkansas Optometric Association, Victory Building, 1401 W. Capitol Avenue, 4th Floor, Room 445, Little Rock, Arkansas. The public hearing will involve an Amendment to Chapter 5, Article IX of the Rules and Regulations of the Board governing the Prescription Drug Monitoring Program.

All individuals desiring to address the Board should contact Dr. Howard Flippin, Secretary of the Arkansas State Board of Optometry, PO Box 512, Searcy, Arkansas, 72145, telephone number 501-268-4351, to be placed on the agenda. Individuals desiring a copy of the proposed Amendment, as referred to herein, may contact Dr. Howard Flippin at the above address and telephone number.