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February 14, 2018

Ms. Donna K. Davis, Committee Staff Bureau of Legislative Research State Capitol Building, Room 315 Little Rock, AR 72201

RE: My Client: Arkansas State Medical Board Proposed Amendment to Regulation 2.4

Dear Ms. Davis:

Enclosed are the following:

- 1. Two copies of the Mark-Up of the proposed Amendment to Regulation 2.4.
- 2. Two copies of the Proposed Regulation 2.4.
- 3. Two copies of the completed Questionnaire and Financial Impact Statement.
- 4. Two copies of a Summary.
- 5. Two copies of the Notice of Publication.

I am also emailing all of this to you at <u>donna@arkleg.state.ar.us</u>, to the Governor's office, and the Secretary of State's office at <u>register@sos.arkansas.gov</u> and the State Library at statedocs@library.arkansas.gov.

Please schedule this for a hearing before the Committee of Legislative Council. Please notify me of the date and time. I wait to hear from you.

Respectfully,

Kevin M. O'Dwyer

Attorney for the Arkansas State Medical Board

KMO/jab

**Enclosures** 

cc: Karen Whatley, Executive Director, Arkansas State Medical Board

### **REGULATION NO. 2**

The Arkansas Medical Practices Act authorizes the Arkansas State Medical Board to revoke or suspend the license issued by the Board to practice medicine if the holder thereof has been found guilty of grossly negligent or ignorant malpractice.

"Malpractice" includes any professional misconduct, unreasonable lack of skill or fidelity in professional duties, evil practice, or illegal or immoral conduct in the practice of medicine and surgery.

It shall include, among other things, but not limited to:

- 1. Violation of laws, regulations, and procedures governing payment to physicians for medical services for eligible public assistance recipients and/or other third party payment programs.
- 2. Participation in any plan, agreement, or arrangement which compromises the quality or extent of professional medical services or facilities at the expense of the public health, safety, and welfare.
- 3. Practicing fraud, deceit, or misrepresentation in the practice of medicine.
- 4. The prescribing of excessive amounts of controlled substances to a patient including the writing of an excessive number of prescriptions for an addicting or potentially harmful drug to a patient. "Excessive" is defined as the writing of any prescription in any amount without a detailed medical justification for the prescription documented in the patient record.
  - A. Chronic Pain: If there is documented medical justification, "excessive" is defined, pursuant to the Centers for Disease Control (CDC) guideline for prescribing opioids for chronic pain, as prescribing opioids at a level that exceeds ≥50 Morphine Milligram Equivalents (MME)per day, unless the physician/physician assistant documents each of the following:
    - a. Objective findings, which include, but are not limited to, imaging studies, lab testing and results, nerve conduction testing, biopsy, and any other test that would establish pain generating pathology.
    - b. Specific reasons for the need to prescribe ≥ 50 MED per day.
  - Documented alternative treatment plans as well as alternative therapies trialed and failed prior to considering chronic opioid therapy.
  - d. <u>Documented risk factor assessment detailing that the patient was informed of the risk and the addictive nature of the prescribed drug.</u>
  - e. <u>Documented assessment of the potential for abuse and/or diversion of the prescribed drug.</u>
  - f. That the Prescription Drug Monitoring Program had been checked prior to issuing the prescription.
  - g. A detailed clinical rationale for the prescribing and the patient must be seen in an in-person examination every three (3) months or every 90 days.

- h. The definition of "excessive" as contained in this Regulation shall not apply to prescriptions written for a patient in hospice care, in active cancer treatment, palliative care, end-of-life care, nursing home, assisted living or a patient while in an inpatient setting or in an emergency situation.
- i. Regular urine drug screens should be performed on patients to insure the patient is taking prescribed medications and is not participating or suspected in participating in diversion or abuse of non-prescribed medications. The treatment of chronic pain shall be consistent with the CDC guidelines as they relate to baseline drug testing, and at least annual follow up testing as warranted for treatment.
- j. A pain treatment agreement must be signed and reviewed by the patient when initiating chronic opioid therapy. This agreement should discuss the following: informed risk and addictive nature of prescribed medications, outline the specific expectations between patient and physician, informed consent for periodic urine drug screenings and random pill counts with urine screening as well as the provisions for termination of opioid therapy.
- B. Acute Pain: For treatment of acute pain, "excessive" is further defined as an initial prescription written for more than seven (7) days, without detailed, documented medical justification in the medical record. If the patient requires further prescriptions, they must be evaluated in regular increments with documented medical justification for continued treatment in medical record.
- C. When opioids are started, clinicians should prescribe the lowest effective dosage. Clinicians should use caution when prescribing opioids at any dosage, should carefully reassess evidence of individual benefits and risks when considering increasing dosage to > 50 morphine milligram equivalents (MME)/day, and should avoid increasing dosage to > 90 MME/day or carefully justify a decision to tritrate dosage to > 90 MME/day.
- 5. The prescribing of Schedule II controlled substances by a physician/physician assistant for his own use or for the use of his immediate family.
  - 6. \*The treatment of pain with dangerous drugs and controlled substances is a legitimate medical purpose when done in the usual course of medical practice. If the provisions as set out below in this Resolution are met, and if all drug treatment is properly documented, the Board will consider such practices as prescribing in a therapeutic manner, and prescribing and practicing medicine in a manner consistent with public health and welfare.
    - A. However, a physician/physician assistant who prescribes \*\*narcotic agents Schedule 2 [except 2.6(e)], 3, 4, and 5, and to include the schedule drugs Talwin, Stadol, and Nubain, for a patient with pain not associated with malignant or terminal illness will be considered exhibiting gross negligence or ignorant malpractice unless he or she has complied with the following:
      - a. The physician <u>/physician assistant</u> will keep accurate records to include the medical history, physical examination, other evaluations and consultations, treatment plan objective, informed consent noted in the patient record, treatment, medications given, agreements with the patient and periodic reviews.

- b. The physician/physician assistant will periodically review the course of schedule drug treatment of the patient and any new information about etiology of the pain. If the patient has not improved, the physician/physician assistant should assess the appropriateness of continued prescribing of scheduled medications or dangerous drugs, or trial of other modalities.
- c. The physician <u>assistant</u> will obtain written informed consent from those patients he or she is concerned may abuse controlled substances and discuss the risks and benefits of the use of controlled substances with the patient, his or her guardian, or authorized representatives.
- d. The physician/physician assistant will be licensed appropriately in Arkansas and have a valid controlled substance registration and comply with the Federal and State regulations for the issuing of controlled substances and prescriptions, more especially the regulations as set forth in 21 Code of Federal Regulations Section 1300, et sequence.

### B. Treatment of Chronic Nonmalignant Pain:

- a. "Chronic nonmalignant pain" means pain requiring more than three (3) consecutive months of prescriptions for:
  - i. An opioid that is written for more than the equivalent of ninety (90) tablets, each containing five milligrams (5mg) of hydrocodone;
  - ii. A morphine equivalent dose of more than fifteen milligrams (15mg) per day; or
  - iii. In the specific case of tramadol, a dose of fifty milligrams (50mg) per tablet with a quantity of one hundred twenty (120) tablets;

"Opioid" means a drug or medication that relieves pain, including without limitation:

- iv. Hydrocodone;
- v. Oxycodone;
- vi. Morphine;
- vii. Codeine:
- viii.Heroin; and
- ix. Fentanyl;

"Prescriber" means a practitioner or other authorized person who prescribes a Schedule II, III, IV, or V controlled substance.

- b. Patient evaluation a patient who is being treated with controlled substances for chronic nonmalignant pain shall be evaluated at least one (1) time every six (6) months by a physician/physician assistant who is licensed by the Arkansas State Medical Board.
- c. Prescriber requirements:
  - i. For a patient with chronic nonmalignant pain, a prescriber, at a minimum and in addition to any additional requirements of the Arkansas State Medical Board, shall:
    - Check the prescriptive history of the patient on the Prescription Drug Monitoring Program pursuant to Regulation 41;

- Follow the specific requirements of Regulation 19 and any and all other regulations of the Arkansas State Medical Board pertaining to prescribing.
- 3. Check the prescriptive history of the patient on the Prescription Drug-Monitoring Program at least every six (6) months;
- 4. Have a signed pain contract with the patient that states, at a minimum, the expectations of the prescriber for the behavior of the patient which may include:
  - A requirement for random urine drug screenings to help ensure that the patient is abiding by the requirements of the contract; and
  - b. A requirement for random pill counts to ensure compliance with the prescription.
- ii. The requirements of this section shall not apply to a patient:
  - 1. Whose pain medications are being prescribed for a malignant condition:
  - 2. With a terminal condition;
  - 3. Who is a resident of a licensed healthcare facility;
  - 4. Who is enrolled in a hospice program; or
  - 5. Who is in an inpatient or outpatient palliative care program.
- ii. For prescribers licensed after December 31, 2015, within the first two (2) years of being granted a license in the state, a prescriber shall obtain a minimum of three (3) hours of prescribing education approved by the Arkansas State Medical Board. The education approved by the board under this section shall include:
  - 1. Options for online and in-person programs; and
  - 2. Information on prescribing rules, regulations, and laws that apply to individuals who are licensed in the state.
  - 3. Information and instructions on prescribing controlled substances, record keeping and maintaining safe and professional boundaries.

### This section shall apply to all prescribers licensed after December 31, 2015.

- a. A prescriber who has been found by the Arkansas State Medical Board to be in violation of a rule or law involving prescription drugs shall be required by the appropriatelicensing board to register with the Prescription Drug Monitoring Program and accesspatient information before writing a prescription for an opioid. The board, in its discretion, may remove this requirement after a period of time if the board deemsremoval of the requirement appropriate.
- 7.A licensed physician/physician assistant engaging in sexual contact, sexual relations or romantic relationship with a patient concurrent with the physician/physician assistant engaging in the same conduct with a former patient, if the physician/physician assistant uses or exploits trust, knowledge,

emotions or influence derived from the previous professional relationship, shows a lack of fidelity of professional duties and immoral conduct, thus exhibiting gross negligence and ignorant malpractice. A patient's consent to, initiation of, or participation in sexual relationship or conduct with a physician/physician assistant does not change the nature of the conduct nor the prohibition.

- 8.\*\*Requiring minimum standards for establishing physician/physician assistant/patient relationships. A physician/physician assistant exhibits gross negligence if he provides and/or recommends any form of treatment, including prescribing legend drugs, without first establishing a proper physician/physician assistant-patient relationship.
  - A. For purposes of this regulation, a proper physician/physician assistant /patient relationship, at a minimum requires that:
    - 1. A. The physician/physician assistant performs a history and an "in person" physical examination of the patient adequate to establish a diagnosis and identify underlying conditions and/or contraindications to the treatment recommended/provided, OR
      - B. The physician <u>physician assistant</u> performs a face to face examination using real time audio and visual telemedicine technology that provides information at least equal to such information as would have been obtained by an in-person examination; OR
      - C. The physician/physician assistant personally knows the patient and the patient's general health status through an "ongoing" personal or professional relationship;
    - 2. Appropriate follow-up be provided or arranged, when necessary, at medically necessary intervals.
- B. For the purposes of this regulation, a proper physician/physician assistant-patient relationship is deemed to exist in the following situations:
  - 1. When treatment is provided in consultation with, or upon referral by, another physician/physician assistant who has an ongoing relationship with the patient, and who has agreed to supervise the patient's treatment, including follow up care and the use of any prescribed medications.
  - 2. On-call or cross-coverage situations arranged by the patient's treating physician/physician assistant.
- C. Exceptions Recognizing a physician/physician assistant's duty to adhere to the applicable standard of care, the following situations are hereby excluded from the requirement of this regulation:
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  - 2. Simply providing information of a generic nature not meant to be specific to an individual patient.

- 3. This Regulation does not apply to prescriptions written or medications issued for use in expedited heterosexual partner therapy for the sexually transmitted diseases of gonorrhea and/or chlamydia.
- 4. This Regulation does not apply to the administration of vaccines containing tetanus toxoid (e.g., DTaP, DTP, DT, Tdap, Td, or TT) or inactive influenzavaccines.

**History:** Adopted June 17, 1976; Amended March 13, 1997; Adopted December 3, 1998; Adopted April 6, 2001; Amended February 7, 2002; Amended April 3, 2008; Amended April 12, 2012; Amended December 14, 2015; Amended June 9, 2016, Effective September 6, 2016.

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- b. The physician assistant will periodically review the course of schedule drug treatment of the patient and any new information about etiology of the pain. If the patient has not improved, the physician assistant should assess the appropriateness of continued prescribing of scheduled medications or dangerous drugs, or trial of other modalities.
- c. The physician/physician assistant will obtain written informed consent from those patients he or she is concerned may abuse controlled substances and discuss the risks and benefits of the use of controlled substances with the patient, his or her guardian, or authorized representatives.
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    - 1. Check the prescriptive history of the patient on the Prescription Drug Monitoring Program pursuant to Regulation 41;

- 2. Follow the specific requirements of Regulation 19 and any and all other regulations of the Arkansas State Medical Board pertaining to prescribing.
- ii. For prescribers licensed after December 31, 2015, within the first two (2) years of being granted a license in the state, a prescriber shall obtain a minimum of three (3) hours of prescribing education approved by the Arkansas State Medical Board. The education approved by the board under this section shall include:
  - 1. Options for online and in-person programs; and
  - 2. Information on prescribing rules, regulations, and laws that apply to individuals who are licensed in the state.
  - 3. Information and instructions on prescribing controlled substances, record keeping and maintaining safe and professional boundaries.
- 7.A licensed physician/physician assistant engaging in sexual contact, sexual relations or romantic relationship with a patient concurrent with the physician/physician assistant-patient relationship; or a licensed physician/physician assistant engaging in the same conduct with a former patient, if the physician/physician assistant uses or exploits trust, knowledge, emotions or influence derived from the previous professional relationship, shows a lack of fidelity of professional duties and immoral conduct, thus exhibiting gross negligence and ignorant malpractice. A patient's consent to, initiation of, or participation in sexual relationship or conduct with a physician/physician assistant does not change the nature of the conduct nor the prohibition.
- 8.\*\*Requiring minimum standards for establishing physician/physician assistant/patient relationships. A physician/physician assistant exhibits gross negligence if he provides and/or recommends any form of treatment, including prescribing legend drugs, without first establishing a proper physician/physician assistant-patient relationship.
  - A. For purposes of this regulation, a proper physician/physician assistant/patient relationship, at a minimum requires that:
    - 1. A. The physician/physician assistant performs a history and an "in person" physical examination of the patient adequate to establish a diagnosis and identify underlying conditions and/or contraindications to the treatment recommended/provided, OR
      - B. The physician/physician assistant performs a face to face examination using real time audio and visual telemedicine technology that provides information at least equal to such information as would have been obtained by an in-person examination; OR
      - C. The physician/physician assistant personally knows the patient and the patient's general health status through an "ongoing" personal or professional relationship;
    - 2. Appropriate follow-up be provided or arranged, when necessary, at medically

necessary intervals.

- B. For the purposes of this regulation, a proper physician/physician assistant-patient relationship is deemed to exist in the following situations:
  - 1. When treatment is provided in consultation with, or upon referral by, another physician/physician assistant who has an ongoing relationship with the patient, and who has agreed to supervise the patient's treatment, including follow up care and the use of any prescribed medications.
  - 2. On-call or cross-coverage situations arranged by the patient's treating physician/physician assistant.
- C. Exceptions Recognizing a physician/physician assistant's duty to adhere to the applicable standard of care, the following situations are hereby excluded from the requirement of this regulation:
  - 1. Emergency situations where the life or health of the patient is in danger or imminent danger.
  - 2. Simply providing information of a generic nature not meant to be specific to an individual patient.
  - 3. This Regulation does not apply to prescriptions written or medications issued for use in expedited heterosexual partner therapy for the sexually transmitted diseases of gonorrhea and/or chlamydia.
  - 4. This Regulation does not apply to the administration of vaccines containing tetanus toxoid (e.g., DTaP, DTP, DT, Tdap, Td, or TT) or inactive influenzavaccines.

**History:** Adopted June 17, 1976; Amended March 13, 1997; Adopted December 3, 1998; Adopted April 6, 2001; Amended February 7, 2002; Amended April 3, 2008; Amended April 12, 2012; Amended December 14, 2015; Amended June 9, 2016, Effective September 6, 2016.

#### **REGULATION NO. 2**

The Arkansas Medical Practices Act authorizes the Arkansas State Medical Board to revoke or suspend the license issued by the Board to practice medicine if the holder thereof has been found guilty of grossly negligent or ignorant malpractice.

"Malpractice" includes any professional misconduct, unreasonable lack of skill or fidelity in professional duties, evil practice, or illegal or immoral conduct in the practice of medicine and surgery.

It shall include, among other things, but not limited to:

- 1. Violation of laws, regulations, and procedures governing payment to physicians for medical services for eligible public assistance recipients and/or other third party payment programs.
- 2. Participation in any plan, agreement, or arrangement which compromises the quality or extent of professional medical services or facilities at the expense of the public health, safety, and welfare.
- 3. Practicing fraud, deceit, or misrepresentation in the practice of medicine.
- 4. The prescribing of excessive amounts of controlled substances to a patient including the writing of an excessive number of prescriptions for an addicting or potentially harmful drug to a patient. "Excessive" is defined as the writing of any prescription in any amount without a detailed medical justification for the prescription documented in the patient record.
  - A. Chronic Pain: If there is documented medical justification, "excessive" is defined, pursuant to the Centers for Disease Control (CDC) guideline for prescribing opioids for chronic pain, as prescribing opioids at a level that exceeds ≥50 Morphine Milligram Equivalents (MME)per day, unless the physician/physician assistant documents each of the following:
    - a. Objective findings, which include, but are not limited to, imaging studies, lab testing and results, nerve conduction testing, biopsy, and any other test that would establish pain generating pathology.
    - b. Specific reasons for the need to prescribe  $\geq$  50 MED per day.
    - c. Documented alternative treatment plans as well as alternative therapies trialed and failed prior to considering chronic opioid therapy.
    - d. Documented risk factor assessment detailing that the patient was informed of the risk and the addictive nature of the prescribed drug.
    - e. Documented assessment of the potential for abuse and/or diversion of the prescribed drug.
    - f. That the Prescription Drug Monitoring Program had been checked prior to issuing the prescription.
    - g. A detailed clinical rationale for the prescribing and the patient must be seen in an inperson examination every three (3) months or every 90 days.
    - h. The definition of "excessive" as contained in this Regulation shall not apply to

prescriptions written for a patient in hospice care, in active cancer treatment, palliative care, end-of-life care, nursing home, assisted living or a patient while in an inpatient setting or in an emergency situation.

- i. Regular urine drug screens should be performed on patients to insure the patient is taking prescribed medications and is not participating or suspected in participating in diversion or abuse of non-prescribed medications. The treatment of chronic pain shall be consistent with the CDC guidelines as they relate to baseline drug testing, and at least annual follow up testing as warranted for treatment.
- j. A pain treatment agreement must be signed and reviewed by the patient when initiating chronic opioid therapy. This agreement should discuss the following: informed risk and addictive nature of prescribed medications, outline the specific expectations between patient and physician, informed consent for periodic urine drug screenings and random pill counts with urine screening as well as the provisions for termination of opioid therapy.
- B. Acute Pain: For treatment of acute pain, "excessive" is further defined as an initial prescription written for more than seven (7) days, without detailed, documented medical justification in the medical record. If the patient requires further prescriptions, they must be evaluated in regular increments with documented medical justification for continued treatment in medical record.
- C. When opioids are started, clinicians should prescribe the lowest effective dosage. Clinicians should use caution when prescribing opioids at any dosage, should carefully reassess evidence of individual benefits and risks when considering increasing dosage to > 50 morphine milligram equivalents (MME)/day, and should avoid increasing dosage to > 90 MME/day or carefully justify a decision to tritrate dosage to > 90 MME/day.
- 5. The prescribing of Schedule II controlled substances by a physician/physician assistant for his own use or for the use of his immediate family.
  - 6. \*The treatment of pain with dangerous drugs and controlled substances is a legitimate medical purpose when done in the usual course of medical practice. If the provisions as set out below in this Resolution are met, and if all drug treatment is properly documented, the Board will consider such practices as prescribing in a therapeutic manner, and prescribing and practicing medicine in a manner consistent with public health and welfare.
    - A. However, a physician/physician assistant who prescribes \*\*narcotic agents Schedule 2 [except 2.6(e)], 3, 4, and 5, and to include the schedule drugs Talwin, Stadol, and Nubain, for a patient with pain not associated with malignant or terminal illness will be considered exhibiting gross negligence or ignorant malpractice unless he or she has complied with the following:
      - a. The physician/physician assistant will keep accurate records to include the medical history, physical examination, other evaluations and consultations, treatment plan objective, informed consent noted in the patient record, treatment, medications given, agreements with the patient and periodic reviews.

- b. The physician/physician assistant will periodically review the course of schedule drug treatment of the patient and any new information about etiology of the pain. If the patient has not improved, the physician/physician assistant should assess the appropriateness of continued prescribing of scheduled medications or dangerous drugs, or trial of other modalities.
- c. The physician/physician assistant will obtain written informed consent from those patients he or she is concerned may abuse controlled substances and discuss the risks and benefits of the use of controlled substances with the patient, his or her guardian, or authorized representatives.
- d. The physician/physician assistant will be licensed appropriately in Arkansas and have a valid controlled substance registration and comply with the Federal and State regulations for the issuing of controlled substances and prescriptions, more especially the regulations as set forth in 21 Code of Federal Regulations Section 1300, et sequence.

## B. Treatment of Chronic Nonmalignant Pain:

- a. "Chronic nonmalignant pain" means pain requiring more than three (3) consecutive months of prescriptions for:
  - i. An opioid that is written for more than the equivalent of ninety (90) tablets, each containing five milligrams (5mg) of hydrocodone;
  - ii. A morphine equivalent dose of more than fifteen milligrams (15mg) per day; or
  - iii. In the specific case of tramadol, a dose of fifty milligrams (50mg) per tablet with a quantity of one hundred twenty (120) tablets;

"Opioid" means a drug or medication that relieves pain, including without limitation:

- iv. Hydrocodone;
- v. Oxycodone;
- vi. Morphine;
- vii. Codeine:
- viii.Heroin; and
- ix. Fentanyl;

"Prescriber" means a practitioner or other authorized person who prescribes a Schedule II, III, IV, or V controlled substance.

- b. Patient evaluation a patient who is being treated with controlled substances for chronic nonmalignant pain shall be evaluated at least one (1) time every six (6) months by a physician/physician assistant who is licensed by the Arkansas State Medical Board.
- c. Prescriber requirements:
  - i. For a patient with chronic nonmalignant pain, a prescriber, at a minimum and in addition to any additional requirements of the Arkansas State Medical Board, shall:
    - 1. Check the prescriptive history of the patient on the Prescription Drug Monitoring Program pursuant to Regulation 41;

- 2. Follow the specific requirements of Regulation 19 and any and all other regulations of the Arkansas State Medical Board pertaining to prescribing.
- ii. For prescribers licensed after December 31, 2015, within the first two (2) years of being granted a license in the state, a prescriber shall obtain a minimum of three (3) hours of prescribing education approved by the Arkansas State Medical Board. The education approved by the board under this section shall include:
  - 1. Options for online and in-person programs; and
  - 2. Information on prescribing rules, regulations, and laws that apply to individuals who are licensed in the state.
  - 3. Information and instructions on prescribing controlled substances, record keeping and maintaining safe and professional boundaries.
- 7.A licensed physician/physician assistant engaging in sexual contact, sexual relations or romantic relationship with a patient concurrent with the physician/physician assistant-patient relationship; or a licensed physician/physician assistant engaging in the same conduct with a former patient, if the physician/physician assistant uses or exploits trust, knowledge, emotions or influence derived from the previous professional relationship, shows a lack of fidelity of professional duties and immoral conduct, thus exhibiting gross negligence and ignorant malpractice. A patient's consent to, initiation of, or participation in sexual relationship or conduct with a physician/physician assistant does not change the nature of the conduct nor the prohibition.
- 8.\*\*Requiring minimum standards for establishing physician/physician assistant/patient relationships. A physician/physician assistant exhibits gross negligence if he provides and/or recommends any form of treatment, including prescribing legend drugs, without first establishing a proper physician/physician assistant-patient relationship.
  - A. For purposes of this regulation, a proper physician/physician assistant /patient relationship, at a minimum requires that:
    - 1. A. The physician/physician assistant performs a history and an "in person" physical examination of the patient adequate to establish a diagnosis and identify underlying conditions and/or contraindications to the treatment recommended/provided, OR
      - B. The physician/physician assistant performs a face to face examination using real time audio and visual telemedicine technology that provides information at least equal to such information as would have been obtained by an in-person examination; OR
      - C. The physician/physician assistant personally knows the patient and the patient's general health status through an "ongoing" personal or professional relationship;
    - 2. Appropriate follow-up be provided or arranged, when necessary, at medically

necessary intervals.

- B. For the purposes of this regulation, a proper physician/physician assistant-patient relationship is deemed to exist in the following situations:
  - 1. When treatment is provided in consultation with, or upon referral by, another physician/physician assistant who has an ongoing relationship with the patient, and who has agreed to supervise the patient's treatment, including follow up care and the use of any prescribed medications.
  - 2. On-call or cross-coverage situations arranged by the patient's treating physician/physician assistant.
- C. Exceptions Recognizing a physician/physician assistant's duty to adhere to the applicable standard of care, the following situations are hereby excluded from the requirement of this regulation:
  - 1. Emergency situations where the life or health of the patient is in danger or imminent danger.
  - 2. Simply providing information of a generic nature not meant to be specific to an individual patient.
  - 3. This Regulation does not apply to prescriptions written or medications issued for use in expedited heterosexual partner therapy for the sexually transmitted diseases of gonorrhea and/or chlamydia.
  - 4. This Regulation does not apply to the administration of vaccines containing tetanus toxoid (e.g., DTaP, DTP, DT, Tdap, Td, or TT) or inactive influenzavaccines.

**History:** Adopted June 17, 1976; Amended March 13, 1997; Adopted December 3, 1998; Adopted April 6, 2001; Amended February 7, 2002; Amended April 3, 2008; Amended April 12, 2012; Amended December 14, 2015; Amended June 9, 2016, Effective September 6, 2016.

# QUESTIONNAIRE FOR FILING PROPOSED RULES AND REGULATIONS WITH THE ARKANSAS LEGISLATIVE COUNCIL

DI	CPARTMENT/AGENCY Arkansas State Medical Board					
DI	VISION					
DI	VISION DIRECTOR Karen Whatley, Executive Director					
CO	NTACT PERSON Kevin M. O'Dwyer, Attorney					
ΑI	DDRESS 211 S. Spring Street, Little Rock, AR 72201					
PE	ONE NO501-372-4144					
NA	ME OF PRESENTER AT COMMITTEE MEETING Kevin M. O'Dwyer					
PR	ESENTER E-MAIL kodwyer@htolaw.com					
	INSTRUCTIONS					
В. С.	Please make copies of this form for future use.  Please answer each question <u>completely</u> using layman terms. You may use additional sheets, if necessary.  If you have a method of indexing your rules, please give the proposed citation after "Short Title of this Rule" below.  Submit two (2) copies of this questionnaire and financial impact statement attached to the front of two (2) copies of the proposed rule and required documents. Mail or deliver to:					
	Donna K. Davis Administrative Rules Review Section Arkansas Legislative Council Bureau of Legislative Research One Capitol Mall, 5 <sup>th</sup> Floor Little Rock, AR 72201					
***	************************					
1.	What is the short title of this rule?  Amendment to Regulation 2.4 to Define Excessive prescribing pursuant to the Center of Disease Control guidelines.					
2.	What is the subject of the proposed rule? The proposed Amendment is to better define excessive prescribing pursuant to the Center of Disease Control Guidelines.					
3.	Is this rule required to comply with a federal statute, rule, or regulation? Yes \( \subseteq \) No X  If yes, please provide the federal rule, regulation, and/or statute citation.					
4.	Was this rule filed under the emergency provisions of the Administrative Procedure Act?					
	Yes $\square$ No X If yes, what is the effective date of the emergency rule? N/A					
	if yos, what is the offective date of the emergency rate. 1471					
	When does the emergency rule expire? N/A					
	Will this emergency rule be promulgated under the permanent provisions of the Administrative Procedure Act?					
	Yes No No					

5.	Is this a new rule? Yes $\square$ No X If yes, please provide a brief summary explaining the regulation. $\underline{N/A}$
	Does this repeal an existing rule? Yes No X  If yes, a copy of the repealed rule is to be included with your completed questionnaire. If it is being replaced with a new rule, please provide a summary of the rule giving an explanation of what the rule does.
rul	Is this an amendment to an existing e? Yes X No If yes, please attach a mark-up showing the changes in the existing rule and a summary of the substantive changes. Note: The summary should explain what the amendment does, and the mark-up copy should be clearly labeled "mark-up."
6.	Cite the state law that grants the authority for this proposed rule? If codified, please give the Arkansas Code citation. Act 820 of 2017
7. <u>de</u> :	What is the purpose of this proposed rule? Why is it necessary? The proposed Amendment is to better interesting pursuant to the Center of Disease Control Guidelines.
8.	Please provide the address where this rule is publicly accessible in electronic form via the Internet as required by Arkansas Code § 25-19-108(b). <a href="https://www.armedicalboard.org">www.armedicalboard.org</a>
9.	Will a public hearing be held on this proposed rule? Yes X No
	If yes, please complete the following:
	Date: April 5, 2018
	Time: 8.30 a.m.
	Place: Rock AR 72201
10.	When does the public comment period expire for permanent promulgation? (Must provide a date.)
	April 4, 2018
11.	What is the proposed effective date of this proposed rule? (Must provide a date.)  April 6, 2018
	Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the publication of said notice. Please see attached. Proof of publication will be provided as soon as it ecceived.
13.	Please provide proof of filing the rule with the Secretary of State and the Arkansas State Library as required pursuant to Ark. Code Ann. § 25-15-204(e). <u>Please see attached email.</u>
14.	Please give the names of persons, groups, or organizations that you expect to comment on these rules? Please provide their position (for or against) if known. <u>Arkansas Medical Society; Arkansas Osteopathic Association.</u>

## FINANCIAL IMPACT STATEMENT

## PLEASE ANSWER ALL QUESTIONS COMPLETELY

DEPARTMENT Arkansas State Medical Board									
DIV	<b>ISION</b>	:							
PEI	RSON COMPLE	ETING THI	S STATI	EMENT	Kevin ]	M. O'Dwyer	, Atto	orney	
TEI	LEPHONE <u>501-</u>	372-4144	FAX	501-372	-7480	_EMAIL:	kodv	vyer@htolav	v.com
	comply with Ark tement and file to							ng Financial	Impact
SH	ORT TITLE OI	F THIS RUI		ndment to ] er of Diseas			Excessi	ive prescribing	pursuant to the
1.	Does this propos	sed, amended	l, or repea	aled rule l	have a fir	nancial impa	ct?	Yes 🗌	No X
2.	Is the rule based economic, or oth need for, conseq	er evidence	and infor	mation av	vailable c			Yes X	No 🗌
	In consideration by the agency to					rule determi	ned	Yes X	No 🗌
	If an agency is p	roposing a m	ore costl	y rule, plo	ease state	the following	ng:		
	(a) How the ac	lditional ben	efits of th	e more c	ostly rule	justify its a	dditio	nal cost;	
	(b) The reason for adoption of the more costly rule;  N/A								
	(c) Whether the more costly rule is based on the interests of public health, safety, or welfare, and if so, please explain; and;  N/A								
	(d) Whether the reason is within the scope of the agency's statutory authority; and if so, please explain.  N/A								
4.	4. If the purpose of this rule is to implement a federal rule or regulation, please state the following:								
	(a) What is the	cost to impl	ement the	e federal	rule or re	gulation?			
<u>Cu</u>	rrent Fiscal Yea	<u>r</u> _			Ne	xt Fiscal Ye	ar		
Fed Cas Spe	neral Revenue eral Funds eral Revenue eral Revenue er (Identify)				Fed Cas Spe	neral Revenu eral Funds h Funds cial Revenu er (Identify)	e	N/A	

Revised January 2017

Total _		Total	Total			
(b) What is the	additional cost of the s	tate rule?				
<b>Current Fiscal Y</b>	<u>'ear</u>	Next Fiscal Year				
General Revenue Federal Funds Cash Funds Special Revenue Other (Identify)	N/A	Federal Funds Cash Funds Special Revenue Other (Identify)	N/A			
	nded, or repealed rule?	year to any private individual, entity Identify the entity(ies) subject to the				
Current Fiscal Year		Next Fiscal Year				
\$ N/A		\$ N/A				
implement this rul affected.  Current Fiscal Year  N/A	e? Is this the cost of the	ne program or grant? Please explain  Next Fiscal Year  N/A	Ç			
or obligation of at l private entity, priva	east one hundred thous	equestions #5 and #6 above, is there a sand dollars (\$100,000) per year to rnment, county government, munical?	a private individual,			
		Yes No X				
time of filing the fir	If YES, the agency is required by Ark. Code Ann. § 25-15-204(e)(4) to file written findings at the time of filing the financial impact statement. The written findings shall be filed simultaneously with the financial impact statement and shall include, without limitation, the following:					
(1) a statement of the	(1) a statement of the rule's basis and purpose;					
	(2) the problem the agency seeks to address with the proposed rule, including a statement of whether a rule is required by statute;					
(a) justifies			bjectives and justify			

- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
  - (a) the rule is achieving the statutory objectives;
  - (b) the benefits of the rule continue to justify its costs; and
  - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives.

# QUESTIONNAIRE FOR FILING PROPOSED RULES AND REGULATIONS WITH THE ARKANSAS LEGISLATIVE COUNCIL

DEPARTMENT/AGENCY Arkansas Sta	ate Medical Board
DIVISION	
****	ey, Executive Director
	Dwyer, Attorney
ADDRESS 211 S. Spring	g Street, Little Rock, AR 72201
PHONE NO. 501-372-4144 FAX	NO. 501-372-7480 E-MAIL kodwyer@htolaw.com
NAME OF PRESENTER AT COMMITT	EE MEETING Kevin M. O'Dwyer
PRESENTER E-MAIL <u>kodwyer@htola</u>	w.com
I	NSTRUCTIONS
necessary.  C. If you have a method of indexing your of this Rule" below.  D. Submit two (2) copies of this questionn	ure use. y using layman terms. You may use additional sheets, if rules, please give the proposed citation after "Short Title aire and financial impact statement attached to the front nd required documents. Mail or deliver to:
Donna K. Davis Administrative Rules Revie Arkansas Legislative Counc Bureau of Legislative Resea One Capitol Mall, 5 <sup>th</sup> Floor Little Rock, AR 72201	eil erch
***********	*************
1. What is the short title of this rule? <u>Center</u>	dment to Regulation 2.4 to Define Excessive prescribing pursuant to the of Disease Control guidelines.
2. What is the subject of the proposed rule?	The proposed Amendment is to better define excessive prescribing pursuant to the Center of Disease Control Guidelines.
3. Is this rule required to comply with a fede If yes, please provide the federal rule, reg	eral statute, rule, or regulation? Yes No X ulation, and/or statute citation.
4. Was this rule filed under the emergency p	provisions of the Administrative Procedure Act?
2 71	
If yes, what is the effective date of the em	Yes No X lergency rule? N/A
When does the emergency rule expire?	N/A
Will this emergency rule be promulgated Procedure Act?	under the permanent provisions of the Administrative
	Yes No No

Is this an amendment to an existing rule? Yes X No   If yes, please attach a mark-up showing the changes in the existing rule and a summary of the substantive changes. Note: The summary should explain what the amendment does, and th mark-up copy should be clearly labeled "mark-up."  6. Cite the state law that grants the authority for this proposed rule? If codified, please give the Ark Code citation. Act 820 of 2017  7. What is the purpose of this proposed rule? Why is it necessary? The proposed Amendment is to define excessive prescribing pursuant to the Center of Disease Control Guidelines.  8. Please provide the address where this rule is publicly accessible in electronic form via the Interner required by Arkansas Code § 25-19-108(b). www.armedicalboard.org  9. Will a public hearing be held on this proposed rule? Yes X No   If yes, please complete the following:  Date: April 5, 2018  Time: 8.30 a.m.  1401 W. Capitol Ave. Suite 340, Little  Place: Rock AR 72201  10. When does the public comment period expire for permanent promulgation? (Must provide a date April 4, 2018  11. What is the proposed effective date of this proposed rule? (Must provide a date.)  April 6, 2018  12. Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of	5.	Is this a new rule? Yes $\square$ No X If yes, please provide a brief summary explaining the regulation. $\underline{N/A}$
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8. Please provide the address where this rule is publicly accessible in electronic form via the Internet required by Arkansas Code § 25-19-108(b). <a href="https://www.armedicalboard.org">www.armedicalboard.org</a> 9. Will a public hearing be held on this proposed rule? Yes X No If yes, please complete the following:  Date: April 5, 2018  Time: 8.30 a.m. 1401 W. Capitol Ave. Suite 340, Little Place: Rock AR 72201  10. When does the public comment period expire for permanent promulgation? (Must provide a date April 4, 2018  11. What is the proposed effective date of this proposed rule? (Must provide a date.) April 6, 2018  12. Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the publication of said notice. Please see attached. Proof of publication will be provided as soon is received.	6.	Cite the state law that grants the authority for this proposed rule? If codified, please give the Arkansas Code citation. Act 820 of 2017
9. Will a public hearing be held on this proposed rule? Yes X No If yes, please complete the following:  Date: April 5, 2018 Time: 8.30 a.m.  1401 W. Capitol Ave. Suite 340, Little Place: Rock AR 72201  10. When does the public comment period expire for permanent promulgation? (Must provide a date April 4, 2018  11. What is the proposed effective date of this proposed rule? (Must provide a date.)  April 6, 2018  12. Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the publication of said notice. Please see attached. Proof of publication will be provided as soon is received.	7. <u>def</u>	What is the purpose of this proposed rule? Why is it necessary? The proposed Amendment is to better time excessive prescribing pursuant to the Center of Disease Control Guidelines.
If yes, please complete the following:  Date: April 5, 2018  Time: 8.30 a.m.  1401 W. Capitol Ave. Suite 340, Little Place: Rock AR 72201  10. When does the public comment period expire for permanent promulgation? (Must provide a date April 4, 2018  11. What is the proposed effective date of this proposed rule? (Must provide a date.) April 6, 2018  12. Please provide a copy of the notice required under Ark. Code Ann. § 25-15-204(a), and proof of the publication of said notice. Please see attached. Proof of publication will be provided as soon is received.	8.	Please provide the address where this rule is publicly accessible in electronic form via the Internet as required by Arkansas Code § 25-19-108(b). <a href="www.armedicalboard.org">www.armedicalboard.org</a>
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the publication of said notice. <u>Please see attached. Proof of publication will be provided as soon is received.</u> 13. Please provide proof of filing the rule with the Secretary of State and the Arkansas State Library		
13. Please provide proof of filing the rule with the Secretary of State and the Arkansas State Library as required pursuant to Ark. Code Ann. § 25-15-204(e). Please see attached email.		the publication of said notice. Please see attached. Proof of publication will be provided as soon as it
	13.	Please provide proof of filing the rule with the Secretary of State and the Arkansas State Library as required pursuant to Ark. Code Ann. § 25-15-204(e). <u>Please see attached email.</u>

14. Please give the names of persons, groups, or organizations that you expect to comment on these rules? Please provide their position (for or against) if known. <u>Arkansas Medical Society; Arkansas Osteopathic Association.</u>

## FINANCIAL IMPACT STATEMENT

# PLEASE ANSWER ALL QUESTIONS COMPLETELY

DEPARTMENT	Arkansas State	e Medical Board					
DIVISION							
PERSON COMPLE	ETING THIS S	STATEMENT K	Kevin M. O'Dwyer, At	torney			
TELEPHONE <u>501-372-4144</u> <b>FAX</b> <u>501-372-7480</u> <b>EMAIL:</b> <u>kodwyer@htolaw.com</u>							
To comply with Ark Statement and file to	To comply with Ark. Code Ann. § 25-15-204(e), please complete the following Financial Impact Statement and file two copies with the questionnaire and proposed rules.						
SHORT TITLE OF	THIS RULE	Amendment to Reg Center of Disease C	ulation 2.4 to Define Exces	ssive prescribing	pursuant to the		
1. Does this propos	ed, amended, o	r repealed rule hav	re a financial impact?	Yes 🗌	No X		
2. Is the rule based economic, or oth need for, consequ	er evidence and	sonably obtainable I information avail alternatives to the r	able concerning the	Yes X	No 🗌		
3. In consideration by the agency to	of the alternative be the least cos	ves to this rule, was	s this rule determined !?	Yes X	No 🗌		
If an agency is pr	oposing a more	e costly rule, please	e state the following:				
(a) How the ad N/A	ditional benefit	s of the more costl	y rule justify its additi	onal cost;			
(b) The reason N/A	for adoption of	the more costly ru	ile;				
(c) Whether the if so, please N/A	if so, please explain; and;						
(d) Whether the explain.  N/A	explain.						
4. If the purpose of the	. If the purpose of this rule is to implement a federal rule or regulation, please state the following:						
(a) What is the	cost to implem	ent the federal rule	or regulation?				
Current Fiscal Year			Next Fiscal Year				
General Revenue Note    General Revenue    Cash Funds    Special Revenue    Other (Identify)	N/A		General Revenue Federal Funds Cash Funds Special Revenue Other (Identify)	N/A Revise	d January 2017		
				1.0.100			

Γ	otal	Total				
	(b) What is the additional	cost of the state rule?				
	Current Fiscal Year	Next Fiscal Year				
	General Revenue N/A	General Revenue	N/A			
	Federal Funds Cash Funds	Federal Funds				
	Special Payanua	Cash Funds Special Revenue				
	Other (Identify)	Other (Identify)				
	Total	Total				
5. <u>C</u> \$	the proposed, amended, or re explain how they are affected furrent Fiscal Year	ost by fiscal year to any private individual, enticepealed rule? Identify the entity(ies) subject to d.  Next Fiscal Yea  N/A	the proposed rule and			
	What is the total estimated complement this rule? Is this affected.  urrent Fiscal Year  N/A	cost by fiscal year to state, county, and municip the cost of the program or grant? Please expla Next Fiscal Yea N/A	in how the government is			
7.	or obligation of at least one h	answers to Questions #5 and #6 above, is there undred thousand dollars (\$100,000) per year to ss, state government, county government, municies combined?  Yes No X	a private individual,			
	1077770 .1					
	time of filing the financial im	d by Ark. Code Ann. § 25-15-204(e)(4) to file pact statement. The written findings shall be fement and shall include, without limitation, the	iled simultaneously			
	(1) a statement of the rule's ba	asis and purpose;				
	(2) the problem the agency se a rule is required by statut	eks to address with the proposed rule, including;	g a statement of whether			
	(3) a description of the factual					
		y's need for the proposed rule; and benefits of the rule meet the relevant statutory	objectives and justify			
	the rule's costs:	The same same same same same same same sam				

- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule;
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
  - (a) the rule is achieving the statutory objectives;
  - (b) the benefits of the rule continue to justify its costs; and
  - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives.

## AMENDMENT TO REGULATION 2.4

# **SUMMARY**

Amendment to Regulation 2.4 to Define Excessive prescribing pursuant to the Center of Disease Control guidelines.

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