# ARKANSAS REGISTER



### **Proposed Rule Cover Sheet**

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Name of Department
Agency or Division Name
Other Subdivision or Department, If Applicable
Previous Agency Name, If Applicable
Contact Person_
Contact E-mail
Contact Phone_
Name of Rule
Newspaper Name
Date of Publishing
Final Date for Public Comment
Location and Time of Public Meeting

#### **TOC** not required

### 252.111 Individual Behavioral Health Counseling

objectives and interventions articulated on the

most recent Mental Health Diagnosis. Services

<del>3-1-19</del>10-1-21

**ENCOUNTERS THAT** 

MAY BE BILLED:

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
90832, U4	90832: psychotherapy, 30 min	
90834, U4	90834: psychotherapy, 45 min	
90837, U4	90837: psychotherapy, 60 min	
90832, U4, GT - Telemedicine		
90834, U4, GT Telemedicine		
90837, U4, GT Telemedicine		
90832, U4, U5 – Substance Abuse		
90834, U4, U5 – Substance Abuse		
90837, U4, U5 – Substance Abuse		
90832, UC, UK, U4 – Under Age 4		
90834, UC, UK, U4 – Under Age 4		
90837, UC, UK, U4 – Under Age 4		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Individual Behavioral Health Counseling is a	Date of Service	
face-to-face treatment provided to an individual in an outpatient setting for the purpose of treatment and remediation of a condition as	Start and stop time with beneficiary	es of face-to-face encounter
described in the current allowable DSM. The	Place of service	
treatment service must reduce or alleviate identified symptoms related to either (a) Mental	Diagnosis and pertinent interval history	
Health or (b) Substance Abuse, and maintain or	Brief mental status and observations	
improve level of functioning, and/or prevent deterioration. Additionally, tobacco cessation	Rationale and des	cription of the treatment
deterioration. Additionally, tobacco cessation counseling is a component of this service.	used that must coi	
	Diagnosis	ncide with Mental Health
	Beneficiary's response	onse to treatment that rogress or regression and
	Beneficiary's response includes current prognosis	onse to treatment that cogress or regression and cated for the diagnosis, or
	<ul> <li>Beneficiary's response includes current prognosis</li> <li>Any revisions indication concer</li> <li>Plan for next indivisional cuding any hom</li> </ul>	onse to treatment that cogress or regression and cated for the diagnosis, or
	<ul> <li>Beneficiary's response includes current prognosis</li> <li>Any revisions indication concertion.</li> <li>Plan for next indivisional including any home advanced psychia.</li> </ul>	onse to treatment that rogress or regression and cated for the diagnosis, or ns dual therapy session, ework assignments and/or
NOTES	<ul> <li>Beneficiary's response includes current prognosis</li> <li>Any revisions indication concertion.</li> <li>Plan for next indivisional including any home advanced psychia.</li> </ul>	conse to treatment that rogress or regression and cated for the diagnosis, or ns dual therapy session, ework assignments and/or tric directive or crisis plans

90834: 45 minutes

must be consistent with established behavioral healthcare standards. Individual Psychotherapy is not permitted with beneficiaries who do not have the cognitive ability to benefit from the service.

This service is not for beneficiaries under the age of four (4) years of age except in documented exceptional cases. This service will require a Prior Authorization for beneficiaries under the age of four (4) years of age.

90837: 60 minutes

One (1) encounter between all three (3) codes.

YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):

Counseling Level
Beneficiary: <u>Twelve (12)</u>
encounters between all
<a href="mailto:three">three (3)</a> codes

#### **APPLICABLE POPULATIONS**

#### Children, Youth, and Adults

Residents of **Long Long-Term Care Facilities** 

#### **SPECIAL BILLING INSTRUCTIONS**

A provider may only bill one (1) Individual Behavioral Health Counseling Code per day per beneficiary. -A provider cannot bill any other Individual Behavioral Health Counseling Code on the same date of service for the same beneficiary. For Counseling Level Beneficiaries, there are twelve (12) total individual counseling encounters allowed per year regardless of code billed for Individual Behavioral Health Counseling, unless an extension of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid.

#### ALLOWED MODE(S) OF DELIVERY

Face-to-face

Telemedicine (Adults, Youth, and Children)

#### **TIER**

Counseling

#### **ALLOWABLE PERFORMING PROVIDERS**

- Independently Licensed Clinicians Master's/Doctoral
- Non-independently Licensed Clinicians Master's/Doctoral
- Advanced Practice Nurses
- Physicians
- Providers of services for beneficiaries under age four (4) years of age must be trained and certified in specific evidence-based practices to be reimbursed for those services
  - Independently Licensed Clinicians –
     Parent/Caregiver & and Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months & of age and Parent/Caregiver) Provider
  - Non-independently Licensed Clinicians
     Parent/Caregiver & and Child (Dyadic treatment of Children age-from zero)

#### **PLACE OF SERVICE (POS)**

02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 32 (Nursing Facility), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)

through forty-seven (0-47) months &of age and Parent/Caregiver) Provider

#### 252.112 **Group Behavioral Health Counseling**

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION
90853, U4 90853, U4, U5 – Substance Abuse	Group psychotherapy (other than of a multiple-family group)	
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	TION REQUIREMENTS
Group Behavioral Health Counseling is a face-to-face treatment provided to a group of beneficiaries. Services leverage the emotional interactions of the group's members to assist in each beneficiary's treatment process, support his/hertheir rehabilitation effort, and to minimize relapse. Services pertain to a beneficiary's (a) Mental Health and/or (b) Substance Abuse condition, or both. Additionally, tobacco cessation counseling is a component of this service.  Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.	<ul> <li>that includes identified</li> <li>Place of service</li> <li>Number of participants</li> <li>Diagnosis</li> <li>Focus of group</li> <li>Brief mental status an</li> <li>Rationale for group cowith Mental Health As</li> <li>Beneficiary's response counseling that including regression and progno</li> <li>Any changes indicated medication concerns</li> <li>Plan for next group se</li> </ul>	d observations  ounseling must coincide sessment e to the group es current progress or osis d for diagnosis, or ession, including any ets and/or crisis plans, or
NOTES	UNIT	BENEFIT LIMITS
This does NOT include psychosocial groups. Beneficiaries eligible for Group Behavioral Health Counseling must demonstrate the ability to benefit from experiences shared by others, the ability to participate in a group dynamic process while respecting the others' rights to confidentiality, and must be able to integrate feedback received from other group members. For groups of beneficiaries aged eighteen (18) years of age and over, the minimum number that must be served in a specified group is two (2)The maximum that may be served in a specified group is twelve (12)For groups of beneficiaries under eighteen (18) years of age, the minimum number that must be served in a	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):  Counseling Level Beneficiary: Twelve

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specified group is two (2)The maximum that may be served in a specified group is ten (10). A beneficiary must be four (4) years of age to receive group therapyGroup treatment must be age and developmentally appropriate, (i.e., sixteen (16) year-olds and four (4) year-olds must not be treated in the same group). Providers may bill for services only at times during which beneficiaries participate in group activities.	(12) encounters	
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	A provider can only bill one (1) Group Behaviora Health Counseling encounter per dayFor Counseling Level Beneficiaries, there are twelve (12) total group behavioral health counseling encounters allowed per year, unless an extensio of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine (Adults, eighteen (18) years of age and above)		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul> <li>Independently Licensed Clinicians –         Master's/Doctoral</li> <li>Non-independently Licensed Clinicians –         Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> </ul>	02 (Telemedicine), 03 (School), 11 (Office), 49 (Independent Clinic), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substances Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

## 252.113 Marital/Family Behavioral Health Counseling with Beneficiary Present

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
90847, U4	Family psychotherapy (conjoint psychotherapy)
90847, U4, U5 – Substance Abuse	(with patient present)
90847, UC, UK, U4 – Dyadic Treatment *	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Marital/Family Behavioral Health Counseling	Date of Service
with Beneficiary Present is a face-to-face treatment provided to one (1) or more family members in the presence of a beneficiary.	Start and stop times of actual encounter with beneficiary and spouse/family
Services are designed to enhance insight into	Place of service
family interactions, facilitate inter-family emotional or practical support and to develop alternative strategies to address familial issues,	Participants present and relationship to beneficiary
problems, and needs. Services pertain to a beneficiary's (a) Mental Health and/or (b)	Diagnosis and pertinent interval history

Substance Abuse condition, or both.
Additionally, tobacco cessation counseling is a component of this service.

Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

\*Dyadic treatment is available for parent/caregiver &and child for dyadic treatment of children agewho are from zero through forty-seven (0-through -47) months of age& and parent/caregiver. Dyadic treatment must be prior authorized and is only available for beneficiaries in Tier One (1). Dyadic Infant/Caregiver Psychotherapy is a behaviorally based therapy that involves improving the parent-child relationship by transforming the interaction between the two parties. -The primary goal of **Dvadic Infant/Parent Psychotherapy is to** strengthen the relationship between a child and his or her parent (or caregiver) as a vehicle for restoring the child's sense of safety, attachment, and appropriate affect and improving the child's cognitive, behavioral, and social functioning. -This service uses child directed interaction to promote interaction between the parent and the child in a playful manner. Providers must utilize a nationally recognized evidencebased practice. -Practices include, but are not limited to, Child-Parent Psychotherapy (CPP) and Parent Child Interaction Therapy (PCIT).

\*\*Dyadic treatment by telemedicine must continue to assure adherence to the evidence-based protocol for the treatment being provided, i.e. PCIT would require a video component sufficient for the provider to be able to see both the parent and child, have a communication device (ear phones, ear buds, etc.) to enable the provider to communicate directly with the parent only while providing directives related to the parent/child interaction.

- Brief mental status of beneficiary and observations of beneficiary with spouse/family
- Rationale for, and description of treatment used that must coincide with the Mental Health Diagnosis and improve the impact the beneficiary's condition has on the spouse/family and/or improve marital/family interactions between the beneficiary and the spouse/family, or both.
- Beneficiary and spouse/family's response to treatment that includes current progress or regression and prognosis
- Any changes indicated for the diagnosis, or medication concerns
- Plan for next session, including any homework assignments and/or crisis plans, or both
- Staff signature/credentials/date of signature
- HIPAA compliant Release of Information, completed, signed, and dated

NOTES	UNIT	BENEFIT LIMITS
Natural supports may be included in these sessions if justified in service documentation and if supported in the documentation in the	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One

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Mental Health DiagnosisOnly one (1) beneficiary per family, per therapy session, may	(1)
be billed.	YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):
	Counseling Level Beneficiaries: Twelve (12) encounters
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS
Children, Youth, and Adults	A provider can only bill one (1) Marital-/-Family Behavioral Health Counseling with (or without) Patient encounter per dayThere are twelve (12) total Marital/Family Behavioral Health Counseling with Beneficiary Present encounters allowed, per year, unless an extension of benefits is allowed by the Quality Improvement Organization contracted with Arkansas Medicaid.
	The following codes cannot be billed on the Same Date of Service:
	90849 - Multi-Family Behavioral Health Counseling
	90846 – Marital/Family Behavioral Health Counseling without Beneficiary Present
	H2027 Psychoeducation
ALLOWED MODE(S) OF DELIVERY	TIER
Face-to-face	Counseling
Telemedicine (Adults, Youth, and Children)	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE
<ul> <li>Independently Licensed Clinicians - Master's/Doctoral</li> <li>Non-independently Licensed Clinicians -</li> </ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health
Master's/Doctoral	Center), 57 (Non-Residential Substance Abuse
Advanced Practice Nurses  Planting  Plant	Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)
Physicians	
<ul> <li>Providers of dyadic services must be trained and certified in specific evidence-based practices to be reimbursed for those services</li> </ul>	
<ul> <li>Independently Licensed Clinicians -         Parent/Caregiver &amp; and Child (Dyadic         treatment of Children age from zero         <u>through forty-seven (</u>0-47) months &amp; of</li> </ul>	

age and Parent/Caregiver) Provider

 Non-independently Licensed Clinicians -Parent/Caregiver & and Child (Dyadic treatment of Children age from zero through forty-seven (0-47) months & of age and Parent/Caregiver) Provider

### 252.114 Marital/Family Behavioral Health Counseling without Beneficiary Present

<del>3-1-19</del>10-1-21

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
90846, U4 90846, U4, U5 – Substance Abuse 90846, U4, U5 – Substance Abuse, Telemedicine	Family psychotherapy (without the patient present)	
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	TION REQUIREMENTS
Marital/Family Behavioral Health Counseling without Beneficiary Present is a face-to-face treatment provided to one or more family members outside the presence of a beneficiary. Services are designed to enhance insight into family interactions, facilitate inter-family emotional or practical support, and to-develop alternative strategies to address familial issues, problems, and needs. Services pertain to a beneficiary's (a) Mental Health and/or (b) Substance Abuse condition, or both. Additionally, tobacco cessation counseling is a component of this service.  Services must be congruent with the age and abilities of the beneficiary or family member(s), client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and family and provided with cultural competence.	beneficiary s condition spouse/family, and/or interactions between spouse/family, or both  Beneficiary and spour treatment that include regression and prognum edication concerns  Plan for next session homework assignment both	and relationship to ent interval history th spouse/family scription of treatment de with the Mental I improve the impact the n has on the r improve marital/family the beneficiary and the ha- se/family's response to es current progress or losis ed for the diagnosis, or n including any nts and/or crisis plans, or ntials/date of signature ease of Information,
NOTES	UNIT	BENEFIT LIMITS
Natural supports may be included in these sessions, if justified in service documentation,	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT

and if supported in Mental Health Diagnosis. Only one (1) beneficiary per family per therapy session may be billed.	MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested):	
	Counseling Level Beneficiaries: Twelve (12) encounters	
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	A provider can only bill one (1) Marital-/-Family Behavioral Health Counseling with (or without) Beneficiary encounter per day.  The following codes cannot be billed on the Same Date of Service:  90849 – Multi-Family Behavioral Health Counseling  90847 – Marital/Family Behavioral Health Counseling with Beneficiary Present  H2027 Psychoeducation	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine (Adults, Youth, and Children)		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul> <li>Independently Licensed Clinicians -         Master's/Doctoral</li> <li>Non-independently Licensed Clinicians -         Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> </ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

#### 252.115 **Psychoeducation**

<del>3-1-19</del>10-1-21

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
H2027, U4	Psychoeducational service; per fifteen (15)
H2027, U4, GT Telemedicine	minutes
H2027, UK, U4 – Dyadic Treatment*	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS

Psychoeducation provides beneficiaries and their families with pertinent information regarding mental illness, substance abuse, and tobacco cessation, and teaches problemsolving, communication, and coping skills to support recovery. Psychoeducation can be implemented in two (2) formats: multifamily group and/or single\_family group. Due to the group format, beneficiaries and their families are also able to benefit from support of peers and mutual aid. Services must be congruent with the age and abilities of the beneficiary. client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

\*Dyadic treatment is available for parent/caregiver and& child for dyadic treatment of children age\_from zero through forty-seven (0-through\_47) months of age and& parent/caregiver. Dyadic treatment must be prior authorized. -Providers must utilize a national recognized evidence\_-based practice. -Practices include, but are not limited to, Nurturing Parents and Incredible Years.

- Date of Service
- Start and stop times of actual encounter with beneficiary and spouse/family
- Place of service
- Participants present
- Nature of relationship with beneficiary
- Rationale for excluding the identified beneficiary
- Diagnosis and pertinent interval history
- Rationale for and objective used that must coincide with Mental Health Diagnosis and improve the impact the beneficiary's condition has on the spouse/family and/or improve marital/family interactions between the beneficiary and the spouse/family, or both.
- Spouse/<u>Ff</u>amily response to treatment that includes current progress or regression and prognosis
- Any changes indicated <u>for the</u> diagnosis, or medication concerns
- Plan for next session, including any homework assignments and/or crisis plans, or both
- HIPAA compliant Release of Information forms, completed, signed, and dated
- Staff signature/credentials/date of signature

NOTES	UNIT	BENEFIT LIMITS
Information to support the appropriateness of excluding the identified beneficiary must be documented in the service note and medical record. Natural supports may be included in these sessions when the nature of the	Fifteen (15) minutes	DAILY MAXIMUM OF UNITS THAT MAY BE BILLED: Four (4)
relationship with the beneficiary and that support's expected role in attaining treatment		YEARLY MAXIMUM OF UNITS THAT MAY
goals is documented. Only one (1) beneficiary		BE BILLED (extension
per family per therapy session may be billed.		of benefits can be requested): <u>forty-eight</u>
		(48)
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	A provider can only bill a total of forty-eight (48) units of Psychoeducation	
	The following codes ca Same Date of Service:	nnot be billed on the
	90847 – Marital/Family Behavioral Health Counseling with Beneficiary Present	

		90846 – Marital/Family Behavioral Health Counseling without Beneficiary Present
ALLOWED MODE(S) OF DELIVERY		TIER
Face-to-fac	ce	Counseling
Telemedicir	ne (Adults, Youth, and Children)	
ALLOWAB	LE PERFORMING PROVIDERS	PLACE OF SERVICE
	ndently Licensed Clinicians - s/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49
	dependently Licensed Clinicians – s/Doctoral	(Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse
Advance	ed Practice Nurse	Treatment Facility), 71 (Public Health Clinic), 72
Physicia	an	(Rural Health Clinic)
and cer	ers of dyadic services must be trained tified in specific evidence—based es to be reimbursed for those s	
Par trea <u>thro</u>	ependently Licensed Clinicians - ent/Caregiver <u>∧</u> Child (Dyadic atment of Children <u>age-from zero</u> ough forty-seven (0-47) months <u>&amp;of</u> e and Parent/Caregiver) Provider	
Par trea <u>thro</u>	n-independently Licensed Clinicians - rent/Caregiver & and Child (Dyadic atment of Children age from zero ough forty-seven (0-47) months &of e and Parent/Caregiver) Provider	

### 252.117 Mental Health Diagnosis

<del>3-1-19</del>10-1-<u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
90791, U4	Psychiatric diagnostic evaluation (with no medical	
90791, U4, GT Telemedicine	services)	
90791, UC, UK, U4 – Dyadic Treatment *		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Mental Health Diagnosis is a clinical service for	Date of Service	
the purpose of determining the existence, type, nature, and appropriate treatment of a mental illness, or related disorder, as described in the current allowable DSM. This service may	Start and stop times of the face-to-face encounter with the beneficiary and the interpretation time for diagnostic formulation	
include time spent for obtaining necessary	Place of service	
information for diagnostic purposes. The psychodiagnostics process may include, but is	Identifying information	
not limited to: a psychosocial and medical history, diagnostic findings, and	Referral reason	
recommendations. This service must include a face-to-face or telemedicine component and will	Presenting problem(s), history of presenting problem(s), including duration, intensity, and	

serve as the basis for documentation of modality and issues to be addressed (plan of care). Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

- response(s) to prior treatment
- Culturally and age-appropriate psychosocial history and assessment
- Mental status/(Clinical observations and impressions)
- Current functioning plus strengths and needs in specified life domains
- DSM diagnostic impressions
- Treatment recommendations, and prognosis for treatment
- Goals and objectives to be placed in Plan of Care

#### Staff signature/credentials/date of signature **NOTES** UNIT **BENEFIT LIMITS** This service may be billed for face-to-face Encounter DAILY MAXIMUM OF contact as well as for time spent obtaining **ENCOUNTERS THAT** necessary information for diagnostic purposes; MAY BE BILLED: One however, this time may NOT be used for **(1)** development or submission of required paperwork processes YEARLY MAXIMUM This service can be provided via telemedicine to OF ENCOUNTERS beneficiaries only ages 21 and above. THAT MAY BE BILLED \*Dyadic treatment is available for (extension of benefits parent/caregiver & and child for dyadic can be requested): treatment of children agefrom zero One (1) through forty-seven (0-through -47) months &of age and parent/caregiver. -A Mental Health Diagnosis will be required for all children through forty-seven (47) months of age to receive services. This service includes up to four (4) encounters for children through the age of forty-seven (47) months of age and can be provided without a prior authorization. This service must include an assessment of: Presenting symptoms and behaviors: **Developmental and medical** history; Family psychosocial and medical history; Family functioning, cultural and communication patterns, and current environmental conditions and stressors:

Clinical interview with the primary caregiver and observation of the caregiver-infant relationship and

interactive patterns; and		
<ul> <li>Child's affective, language, cognitive, motor, sensory, self- care, and social functioning-</li> </ul>		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	The following codes cannot be billed on the	
Residents of Long-Term Care	Same Date of Service:	
ALLOWER MORE(O) OF RELIVERY	90792 – Psychiatric Assessment	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine (Adults, Youth, and Children Only)		
ALLOWABLE PERFORMING PROVIDER	PLACE OF SERVICE	
Independently Licensed Clinicians –     Master's/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 32	
Non-independently Licensed Clinicians –     Master's/Doctoral	(Nursing Facility), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-	
Advanced Practice Nurses	Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	
Physicians		
Providers of dyadic services must be trained and certified in specific evidence_based practices to be reimbursed for those services		
<ul> <li>Independently Licensed Clinicians –         Parent/Caregiver &amp; and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months &amp; of age and Parent/Caregiver) Provider</li> </ul>		
<ul> <li>Non-independently Licensed Clinicians         <ul> <li>Parent/Caregiver &amp; and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months &amp; of age and Parent/Caregiver) Provider</li> </ul> </li> </ul>		

252.118 Interpretation of Diagnosis

<del>3-1-19</del>10-1-21

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
90887, U4	Interpretation or explanation of results of psychiatric, other medical examinations and
90887, U4, GT — Telemedicine	procedures, or other accumulated data, to family
90887, UC, UK, U4 – Dyadic Treatment	or other responsible persons, (or advising them how to assist patient)
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Interpretation of Diagnosis is a direct service provided for the purpose of interpreting the	Start and stop times of face-to-face encounter with beneficiary and/or parent(s) or

results of psychiatric or other medical exams, procedures, or accumulated data. Services may include diagnostic activities and/or advising the beneficiary and his/hertheir family. Services pertain to a beneficiary's (a) Mental Health and/or (b) Substance Abuse condition, or both. Consent forms may be required for family or significant other involvement. Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

guardian(s)

- Date of service
- Place of service
- Participants present and relationship to beneficiary
- Diagnosis
- Rationale for and objective used that must coincide with the Mental Health Diagnosis
- Participant(s) response and feedback
- Recommendation for additional supports including referrals, resources, and information
- Staff signature/credentials/date of signature(s)

#### **NOTES** UNIT **BENEFIT LIMITS** For beneficiaries under the age of eighteen (18) Encounter DAILY MAXIMUM OF years of age, the time may be spent face-to-**ENCOUNTERS THAT** face with the beneficiary; the beneficiary and MAY BE BILLED: One the parent(s) or guardian(s); or alone with the (1) parent(s) or guardian(s). For beneficiaries over the age of eighteen (18) years of age, the time may be spent face-to-face with the beneficiary YEARLY MAXIMUM and the spouse, legal guardian, or significant OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits This service can be provided via telemedicine to can be requested): beneficiaries ages eighteen (18) years of age and above. This service can also be provided via telemedicine to beneficiaries ages Counseling Level seventeen (17) years of age and under with Beneficiary: One (1) documentation of parental or guardian involvement during the service. -This documentation must be included in the medical record. \*Dyadic treatment is available for parent/caregiver & and child for dyadic treatment of children age from zero through forty-seven (0-through 47) months of age and& parent/caregiver. Interpretation of Diagnosis will be required in order for all children, through forty-seven (47) months of age, to receive services. This service includes up to four (4) encounters for children through the age offorty-seven (47) months of age and can be provided without a prior authorization. The Interpretation of Diagnosis is a direct service that includes an interpretation from a broader perspective, based on the history and information collected through the Mental Health Diagnosis.

This interpretation identifies and prioritizes the infant's needs, establishes a diagnosis, and helps to determine the care and services to be provided.		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	The following codes cannot be billed on the Same Date of Service:	
	H2027 – Psychoeducation	
	90792 – Psychiatric Assessment	
	90849 – Multi-Family Behavioral Health Counseling	
	H0001 – Substance Abuse Assessment	
	This service can be provided via telemedicine to beneficiaries ages eighteen (18) years of age and aboveThis service can also be provided via telemedicine to beneficiaries ages seventeen (17) years of age and under with documentation of parental or guardian involvement during the serviceThis documentation must be included in the medical record.	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine Adults, Youth and Children		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul> <li>Independently Licensed Clinicians – Master's/Doctoral</li> <li>Non-independently Licensed Clinicians – Master's/Doctoral</li> <li>Advanced Practice Nurses</li> <li>Physicians</li> <li>Providers of dyadic services must be trained and certified, in specific evidence—based practices, to be reimbursed for those services</li> <li>Independently Licensed Clinicians – Parent/Caregiver &amp; and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months of age and &amp; Parent/Caregiver Provider</li> <li>Non-independently Licensed Clinicians – Parent/Caregiver &amp; and Child (Dyadic treatment of Children age-from zero through forty-seven (0-47) months &amp; of age and Parent/Caregiver) Provider</li> </ul>	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic)	

### 252.119 Substance Abuse Assessment

3-1-19<u>10-1-</u> <u>21</u>

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION	
H0001, U4	Alcohol and/or drug assessment	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Substance Abuse Assessment is a service that identifies and evaluates the nature and extent of a beneficiary's substance abuse condition using the Addiction Severity Index (ASI) or an assessment instrument approved by DAABHS and DMS. The assessment must screen for and identify any existing co-morbid conditions. The assessment should assign a diagnostic impression to the beneficiary, resulting in a treatment recommendation and referral appropriate to effectively treat the condition(s) identified.  Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs, as identified by the beneficiary, and provided with cultural competence.	<ul> <li>Place of service</li> <li>Identifying informatio</li> <li>Referral reason</li> <li>Presenting problem(s) rincluding response(s) to prior to culturally and age-aphistory and assessments.</li> <li>Mental status/(Clinic impressions)</li> <li>Current functioning a life domains</li> <li>DSM diagnostic impression treatment</li> </ul>	eneficiary and the r diagnostic formulation  a), history of presenting duration, intensity, and reatment oppopriate psychosocial ent al observations and and strengths in specified
NOTES	UNIT	BENEFIT LIMITS
The assessment process results in the assignment of a diagnostic impression, beneficiary recommendation for treatment regimen appropriate to the condition and situation presented by the beneficiary, initial plan (provisional) of care, and referral to a service appropriate to effectively treat the condition(s) identified. If indicated, the assessment process must refer the beneficiary for a psychiatric consultation.	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): One (1)
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults	The following codes cannot be billed on the Same Date of Service:  90887 – Interpretation of Diagnosis	
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	

Telemedicine (Adults, Youth, Children)	
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE
Independently Licensed Clinicians –     Master's/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 49 (Independent Clinic), 50 (Federally Qualified
Non-independently Licensed Clinicians –     Master's/Doctoral	Health Center), 53 (Community Mental Health Center), 57 (Non-Residential Substance Abuse
Advanced Practice Nurses	Treatment Facility), 71 (Public Health Clinic), 72
Physicians	(Rural Health Clinic)

#### 252.121 **Pharmacologic Management**

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION		
99212, UB, U4 – Physician 99213, UB, U4 – Physician 99214, UB, U4 – Physician 99212, UB, U4, GT – Physician, Telemedicine 99213, UB, U4, GT – Physician, Telemedicine 99214, UB, U4, GT – Physician, Telemedicine 99212, SA, U4 – APN 99213, SA, U4 – APN 99214, SA, U4 – APN 99214, SA, U4, GT – APN, Telemedicine 99213, SA, U4, GT – APN, Telemedicine 99214, SA, U4, GT – APN, Telemedicine	99212: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: A problem focused history; A problem focused examination; or sStraightforward medical decision making.  99213: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: An expanded problem focused history; An expanded problem focused examination; or mMedical decision making of low complexity.  99214: Office or other outpatient encounter for the evaluation and management of an established patient, which requires at least two (2) of these three (3) key components: A detailed history, A detailed examination; or mMedical decision making of moderate complexity.		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS		
Pharmacologic Management is a service	Date of Service		
tailored to reduce, stabilize, or eliminate psychiatric symptoms, with the goal of improving functioning, including management and reduction of symptoms. This service includes evaluation of the medication prescription, administration, monitoring, and	<ul> <li>Start and stop times of actual encounter with beneficiary</li> <li>Place of service (When <u>ninety-nine (99)</u> is used for telemedicine, specific locations of the</li> </ul>		
supervision, asnd well as informing beneficiaries regarding medication(s) and its potential effects and side effects of	<ul><li>beneficiary and the physician must be included)</li><li>Diagnosis and pertinent interval history</li></ul>		
medication(s), in order to make informed decisions regarding the prescribed medications.	Brief mental status and observations		

Services must be congruent with the age, strengths, and accommodations necessary for disability and cultural framework.

Services must be congruent with the age and abilities of the beneficiary, client-centered, and strength-based; with emphasis on needs as identified by the beneficiary and provided with cultural competence.

- Rationale for and treatment used that must coincide with the Psychiatric Assessment
- Beneficiary's response to treatment that includes current progress or regression and prognosis
- Revisions indicated for the diagnosis, or medication(s)
- Plan for follow-up services, including any crisis plans
- If provided by physician that is not a psychiatrist, then any off-label uses of medications should include documented consult with the overseeing psychiatrist within twenty-four (24) hours of the prescription being written
- Staff signature/credentials/date of signature

	• Otali signature/oreachtials/date of signature	
NOTES	UNIT	BENEFIT LIMITS
Applies only to medications prescribed to address targeted symptoms as identified in the Psychiatric Assessment.	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)
		YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): Twelve (12)
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults		
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Counseling	
Telemedicine (Adults, Youth, and Children)		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
<ul><li>Advanced Practice Nurse</li><li>Physician</li></ul>	02 (Telemedicine), 03 (Something School of Shelter), 11 (Office), 12 (Independent Clinic), 50 (Health Center), 53 (Composite Center), 57 (Non-Reside Treatment Facility), 71 (Found Health Clinic)	Patient's Home), 49 (Federally Qualified munity Mental Health ntial Substance Abuse

252.122 Psychiatric Assessment

3-1-1910-1-

90792. U4

90792, U4, GT - Telemedicine

#### MINIMUM DOCUMENTATION REQUIREMENTS

Psychiatric diagnostic evaluation with medical

#### SERVICE DESCRIPTION

Psychiatric Assessment is a face-to-face psychodiagnostics assessment conducted by a licensed physician or Advanced Practice Nurse (APN), preferably one with specialized training and experience in psychiatry (child and adolescent psychiatry for beneficiaries under age eighteen (18) years of age). This service is provided to determine the existence, type, nature, and most appropriate treatment of a behavioral health disorder. This service is not required for beneficiaries to receive Counseling Level Services.

Date of Service

services

- Start and stop times of the face-to-face encounter with the beneficiary and the interpretation time for diagnostic formulation
- Place of service
- Identifying information
- Referral reason
- The interview should obtain or verify all of the following:
  - 1. The beneficiary's understanding of the factors leading to the referral
  - 2. The presenting problem (including symptoms and functional impairments)
  - 3. Relevant life circumstances and psychological factors
  - 4. History of problems
  - Treatment history
  - 6. Response to prior treatment interventions
  - 7. Medical history (and examination as indicated)
- For beneficiaries under the age of eighteen (18) years of age
  - 1. an interview of a parent (preferably both), the guardian (including the responsible DCFS caseworker), and/or the primary caretaker (including foster parents) as applicable in order to:
    - a) Clarify the reason for the referral
    - b) Clarify the nature of the current symptoms
    - c) Obtain a detailed medical, family, and developmental history.
- Culturally and age-appropriate psychosocial history and assessment
- Mental status/Clinical observations and impressions
- Current functioning and strengths in specified life domains
- DSM diagnostic impressions



		Treatment recomment	ndations
		Staff signature/credei	ntials/date of signature
NO	TES	UNIT	BENEFIT LIMITS
con nec how dev	s service may be billed for face-to-face tact as well as for time spent obtaining essary information for diagnostic purposes; wever, this time may NOT be used for elopment or submission of required erwork processes (i.e. treatment plans, ).	Encounter	DAILY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED: One (1)  YEARLY MAXIMUM OF ENCOUNTERS THAT MAY BE BILLED (extension of benefits can be requested): One (1)
AP	PLICABLE POPULATIONS	SPECIAL BILLING INST	RUCTIONS
	ldren, Youth, and Adults	The following codes ca Same Date of Service:	nnot be billed on the
Tele	emedicine (Adults, Youth, and Children)	90791 – Mental Health D	iagnosis
ALI	LOWED MODE(S) OF DELIVERY	TIER	
Fac	e-to-face	Counseling	
ALI	OWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
А.	an Arkansas-licensed physician, preferably one with specialized training and experience in psychiatry (child and adolescent psychiatry for beneficiaries under age eighteen (18) years of age) an Adult Psychiatric Mental Health Advanced Nurse Practitioner/Family Psychiatric Mental Health Advanced Nurse Practitioner (PMHNP-BC)	02 (Telemedicine), 03 (Son Shelter), 11 (Office), 12, (Independent Clinic), 50 (Health Center), 53 (Composite Center), 57 (Non-Resider Treatment Facility), 71 (Foundation (Rural Health Clinic)	(Patient's Home), 49 (Federally Qualified munity Mental Health ntial Substance Abuse
	The PMHNP-BC must meet all of the following requirements:		
	A. Licensed by the Arkansas State Board of Nursing		
	B. Practicing with licensure through the American Nurses Credentialing Center		
	C. Practicing under the supervision of an Arkansas-licensed psychiatrist with whom the PMHNP-BC has a collaborative agreement. The findings of the Psychiatric Assessment conducted by the PMHNP-BC, must be discussed with the supervising psychiatrist within forty-five (45) days of the beneficiary entering careThe collaborative agreement must comply with all Board of Nursing requirements		

D.

E.

and must spell out, in detail, what the nurse is authorized to do and what age group they may treat.

Practicing within the scope of practice as defined by the Arkansas Nurse Practice Act

Practicing within a PMHNP-BC's

255.001 Crisis Intervention

experience and competency level

<del>3-1-19</del>10-1-

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION
H2011, HA, U4	PROCEDURE CODE DESCRIPTION  Crisis intervention service, per fifteen (15) minutes	
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS	
Crisis Intervention is unscheduled, immediate, short-term treatment activities provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/her family. These services are designed to stabilize the person in crisis, prevent further deterioration and provide immediate indicated treatment in the least restrictive setting(These activities include evaluating a Medicaid-eligible beneficiary to determine if the need for crisis services is present.)  Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/hertheir family.	<ul> <li>beneficiary and possi with caregivers or information.</li> <li>Place of service.</li> <li>Specific persons provinformation in relation.</li> <li>Diagnosis and synope to crisis situation.</li> <li>Brief mental status ar.</li> <li>Utilization of previous psychiatric advance of pertinent to current si crisis intervention act.</li> <li>Beneficiary's responsincludes current proging prognosis.</li> <li>Clear resolution of the plans for further servione to existing plans.</li> </ul>	riding pertinent aship to beneficiary sis of events leading up and observations sly established directive or crisis plan as tuation OR rationale for ivities utilized se to the intervention that ress or regression and e current crisis and/or ces arly defined crisis plan or
NOTES	UNIT	BENEFIT LIMITS
A psychiatric or behavioral crisis is defined as an acute situation, in which an individual is experiencing a serious mental illness or emotional disturbance to the point that the beneficiary or others are at risk for imminent harm, or in which to prevent significant deterioration of the beneficiary's functioning.	Fifteen (15) minutes	DAILY MAXIMUM OF UNITS THAT MAY BE BILLED: twelve (12) YEARLY MAXIMUM OF UNITS THAT MAY

This service can be provided to beneficiaries that have not been previously assessed or have not previously received behavioral health services.	BE BILLED (extension of benefits can be requested): seventy-two (72)	
The provider of this service MUST complete a Mental Health Diagnosis (90791) within <a href="seven">seven</a> (7) days of provision of this service, if provided to a beneficiary who is not currently a clientIf the beneficiary cannot be contacted or does not return for a Mental Health Diagnosis appointment, attempts to contact the beneficiary must be placed in the beneficiary's medical recordIf the beneficiary needs more time to be stabilized, this must be noted in the beneficiary's medical record and the Division of Medical Services Quality Improvement Organization (QIO) must be notified.		
APPLICABLE POPULATIONS	SPECIAL BILLING INSTRUCTIONS	
Children, Youth, and Adults		
ALLOWED MODE(S) OF DELIVERY	TIER	
Face-to-face	Crisis	
Telemedicine (Adults, Youth, and Children)		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE	
Independently Licensed Clinicians –     Master's/Doctoral	02 (Telemedicine), 03 (School), 04 (Homeless Shelter), 11 (Office) 12 (Patient's Home), 15	
Non-independently Licensed Clinicians –     Master's/Doctoral (must be employed by Behavioral Health Agency)	(Mobile Unit), 23 (Emergency Room), 33 (Custodial Care facility), 49 (Independent Clinic), 50 (Federally Qualified Health Center), 53 (Community Mental Health Center), 57 (Non-	
Advanced Practice Nurses	Residential Substance Abuse Treatment Facility), 71 (Public Health Clinic), 72 (Rural Health Clinic),	
Physicians (must be employed by	i i ti ti tibile i lealui Cilille), 72 (Nui al Healui Cilille),	

255.003 Acute Crisis Units 3-1-1910-1

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION
H0018, U4	Behavioral Health; short-term residential
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS
Acute Crisis Units provide brief (96 hours or less) crisis treatment services to persons ever the age of eighteen (18) years of age and over, who are experiencing a psychiatricy- and/or substance abuse-related crisis, or both, and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance	

abuse services on-site at all times, as well as on-call psychiatry available twenty-four (24) hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and initiate referral mechanisms for independent assessment and care planning as needed.  NOTES	EXAMPLE ACTIVITIES		
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS	
Youth and Adults	Per Diem	<ul> <li>Ninety-six (96)         hours or less per         encounter         admission;         Extension of         Benefits required         for additional days     </li> <li>1 encounter per         month     </li> <li>6 encounters per         SFY</li> </ul>	
	PROGRAM SERVICE C	ATEGORY	
	Crisis Services		
ALLOWED MODE(S) OF DELIVERY	TIER		
Face-to-face	N/A		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE		
Acute Crisis Units must be certified by the Division of Provider Services and Quality Assurance as an Acute Crisis Unit Provider.	55 (Residential Substance Abuse Treatment Facility), 56 (Psychiatric Residential Treatment Center		
CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DESCRIPTION		
H0018, U4	Behavioral Health; short-term residential		
SERVICE DESCRIPTION	MINIMUM DOCUMENTATION REQUIREMENTS		
Acute Crisis Units provide brief (96 hours or less) crisis treatment services to persons over the age of 18 who are experiencing a psychiatry and/or substance abuse related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step down services in a safe environment with psychiatry and/or substance abuse services on site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and			

initiate referral mechanisms for independent assessment and care planning as needed.			
NOTES	EXAMPLE ACTIVITIES		
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS	
Youth and Adults	Per Diem	96 hours or less per encounter     1 encounter per month     6 encounters per SFY	
	PROGRAM SERVICE C	ATEGORY	
	Crisis Services		
ALLOWED MODE(S) OF DELIVERY	TIER		
Face-to-face	N/A		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE		
N/A	<del>21, 51, 55, 56</del>		

255.004 Substance Abuse Detoxification

3<del>-1-19</del>10-1 21

CPT®/HCPCS PROCEDURE CODE	PROCEDURE CODE DE	SCRIPTION		
H0014, U4	Alcohol and/or drug servi	ces; detoxification		
SERVICE DESCRIPTION	MINIMUM DOCUMENTA	ATION REQUIREMENTS		
Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term and may be provided in a crisis unit, inpatient, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.				
NOTES	EXAMPLE ACTIVITIES			
APPLICABLE POPULATIONS	UNIT	BENEFIT LIMITS		
Youth and Adults	N/A	• 1 encounter per		

	month  • Six (6) encounters per SFY; Extension of Benefits required for additional encounters		
	PROGRAM SERVICE CATEGORY		
	Crisis Services		
ALLOWED MODE(S) OF DELIVERY	TIER		
Face-to-face	N/A		
ALLOWABLE PERFORMING PROVIDERS	PLACE OF SERVICE		
Substance Abuse Detoxification must be provided in a facility that is certified by the Division of Provider Services and Quality	21 (Inpatient Hospital), 55 (Residential Substance Abuse Treatment Facility)		

#### **TOC** not required

#### 305.000 Telemedicine Billing Guidelines

<del>8-1-18</del>10-1-21

Telemedicine is defined as the use of electronic information and communication technology to deliver healthcare services including without limitation, the assessment, diagnosis, consultation, treatment, education, care management, and self-management of a patient. Telemedicine includes store-and-forward technology and remote patient monitoring. (See policy section I.)

Arkansas Medicaid shall provide payment for telemedicine healthcare services to licensed or certified healthcare professionals or entities that are authorized to bill Arkansas Medicaid directly for healthcare services. -Coverage and reimbursement for healthcare services provided through telemedicine shall be reimbursed on the same basis as healthcare services provided in person.

Payment will include a reasonable facility fee to the originating site, (the site at which the patient is located at the time telemedicine healthcare services are provided). In order to receive reimbursement, the originating site must be operated by a healthcare professional or licensed healthcare entity that is authorized to bill Medicaid directly for healthcare services. The distant site is the location of the healthcare provider delivering telemedicine services. Services at the distant site must be provided by an enrolled Arkansas Medicaid Provider who is authorized by Arkansas law to administer healthcare.

#### Coding Guidelines:

- 1. The originating site shall submit a telemedicine claim under the billing providers "pay to" information, using HCPCS code Q3014. -The code must be submitted for the same date of service as the professional code and must indicate the place of service (where the member was at the time of the telemedicine encounter). Except in the case of hospital facility claims, the provider who is responsible for the care of the member at the originating site shall be entered as the performing provider in the appropriate field of the claim. -For outpatient claims that occur in a hospital setting, the provider must also use Place of Service code twenty (22) with the originating site billing Q3014. -In the case of in-patient services, HCPCS code Q3014 is not separately reimbursable because it is included in the hospital per diem.
- 2. The provider of the distant site must submit claims for telemedicine services using the appropriate CPT or HCPCS code for the professional service delivered, along with the telemedicine modifier GT. The GT modifier should appear in one of the four modifier fields on the claim. The provider must also use Place of Service two (02) (telemedicine distant site) when billing the CPT or HCPCS codes with a GT modifier.

# STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-A Page 6c16

# AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July October August 1,

#### CATEGORICALLY NEEDY

- 13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)(continued)

xxix. Crisis Care - De-escalation\*

Eligibility for this service is determined by an Independent Assessment and must be prior authorized.

DEFINITION: Crisis Care – De-escalation provides temporary direct care for a beneficiary in the beneficiary's community that is not facility-based.— Crisis Care – De-escalation services de-escalate stressful situations and provide a therapeutic outlet.- Crisis Care includes behavioral interventions that keep beneficiaries in their current situation and reduces the need for acute hospitalization or other higher levels of care.- Crisis Care shall be indicated in the treatment plan.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Crisis Care – De-escalation provider must be certified by the Department of Human Services as a Crisis Care – De-escalation provider.

Allowable Performing Provider - Independently Licensed Clinician - Master's/Doctoral; Non-Independently Licensed Clinicians - Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider - Bachelor's; and Qualified Behavioral Health Provider - Non-Degreed.

xxx. Acute Crisis Units\*

Definition: Acute Crisis Units provide brief 96 hours or less) crisis treatment services to persons over the age of 17 who are experiencing a psychiatry- and/or substance abuse-related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance abuse services on-site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and initiate referral mechanisms for independent assessment and care planning as needed.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Acute Crisis Unit must be certified by Department of Human Services as an Acute Crisis Unit.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelors; and Qualified Behavioral Health Provider – Non-Degreed.

An Extension of Benefit for medical necessity is required for admissions exceeding ninety-six (96) hours.

<sup>\*</sup>All medically necessary 1905(a) services, that correct or ameliorate physical and mental illnesses and conditions, are covered for EPSDT eligible beneficiaries, ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

# STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE <u>ARKANSAS</u>

ATTACHMENT 3.1-A Page 6c17

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July October August 1,

#### CATEGORICALLY NEEDY

- 13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)

xxxi. Crisis Intervention\*

DEFINITION: Crisis Intervention is an unscheduled, immediate, short-term treatment activity provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and <a href="his/hertheir">his/hertheir</a> family.- These services, which can include interventions, stabilization activities, evaluation, coping strategies, and other various activities to assist the beneficiary in crisis, are designed to stabilize the person in crisis, prevent further deterioration, and provide immediate indicated treatment in the least restrictive setting. The services provided are expected to reduce or eliminate the risk of harm to the person or others in order to stabilize the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician

xxxii. Substance Abuse Detoxification\*

Definition: Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term-and, may be provided in a crisis unit, residential, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Substance Abuse Detoxification Unit must be certified by the Department of Human Services as a Substance Abuse Detoxification provider.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

Six encounters are allowed per State Fiscal Year (July 1 through June 30). Extension of Benefits for Medically Necessary Encounters beyond the first six (6) is required.

<sup>\*</sup>All medically necessary 1905(a) services, that correct or ameliorate physical and mental illnesses and conditions, are covered for EPSDT eligible beneficiaries ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-B Page 5f16

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED

July October August 1,

#### <del>2017</del>2021

#### MEDICALLY NEEDY

- 13. Other diagnostic, screening, preventive, and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)(continued)

xxix. Crisis Care - De-escalation\*

Eligibility for this service is determined by an Independent Assessment and must be prior authorized and must be prior authorized.

DEFINITION: Crisis Care – De-escalation provides temporary direct care for a beneficiary in the beneficiary's community that is not facility-based. – Crisis Care – De-escalation services de-escalate stressful situations and provide a therapeutic outlet. – Crisis Care includes behavioral interventions that keep beneficiaries in their current situation and reduces the need for acute hospitalization or other higher levels of care. – Crisis Care shall be indicated in the treatment plan.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Crisis Care – De-escalation provider must be certified by the Department of Human Services as a Crisis Care – De-escalation provider.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

xxx. Acute Crisis Units\*

Definition: Acute Crisis Units provide brief, 96 hours or less, crisis treatment services to persons over the age of 17 who are experiencing a psychiatry- and/or substance abuse-related crisis and may pose an escalated risk of harm to self or others. Acute Crisis Units provide hospital diversion and step-down services in a safe environment with psychiatry and/or substance abuse services on-site at all times as well as on-call psychiatry available 24 hours a day. Services provide ongoing assessment and observation; crisis intervention; psychiatric, substance, and co-occurring treatment; and initiate referral mechanisms for independent assessment and care planning as needed.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Acute Crisis Unit must be certified by Department of Human Services as an Acute Crisis Unit.

Allowable Performing Provider - Independently Licensed Clinician - Master's/Doctoral; Non-Independently Licensed Clinicians - Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider - Bachelor's; and Qualified Behavioral Health Provider - Non-Degreed.

<u>An Extension of Benefit for medical necessity is required for admissions exceeding ninety-six (96) hours.</u>

<sup>\*</sup>All medically necessary 1905(a) services that correct or ameliorate physical and mental illnesses and conditions are covered for



# STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM STATE ARKANSAS

ATTACHMENT 3.1-B Page 5f17

AMOUNT, DURATION AND SCOPE OF SERVICES PROVIDED 20172021

July-October August 1,

#### MEDICALLY NEEDY

- 13. Other diagnostic, screening, preventive, and rehabilitative services, i.e., other than those provided elsewhere in this plan. (Continued)
  - d. Rehabilitative Services (continued)
    - 3. Outpatient Behavioral Health Services (OBHS)

xxxi. Crisis Intervention\*

DEFINITION: Crisis Intervention is an unscheduled, immediate, short-term treatment activity provided to a Medicaid-eligible beneficiary who is experiencing a psychiatric or behavioral crisis. Services are to be congruent with the age, strengths, needed accommodation for any disability, and cultural framework of the beneficiary and his/her family.- These services, which can include interventions, stabilization activities, evaluation, coping strategies and other various activities to assist the beneficiary in crisis, are designed to stabilize the person in crisis, prevent further deterioration, and provide immediate indicated treatment in the least restrictive setting.- The services provided are expected to reduce or eliminate the risk of harm to the person or others, in order to stabilize the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician

xxxii. Substance Abuse Detoxification\*

Definition: Substance Abuse Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal from alcohol or other drugs. Services help stabilize beneficiaries by clearing toxins from the beneficiary's body. Services are short-term and may be provided in a crisis unit, residential, or outpatient setting, and may include evaluation, observation, medical monitoring, and addiction treatment. Detoxification seeks to minimize the physical harm caused by the abuse of substances and prepares the beneficiary for ongoing treatment.

Substance Abuse Detoxification Unit must be certified by the Department of Human Services as a Substance Abuse Detoxification provider.

This service will not be paid for within an Institution for Mental Disease (IMD).

This service does not include payment for room and board of the beneficiary.

Allowable Performing Provider - Independently Licensed Clinician – Master's/Doctoral; Non-Independently Licensed Clinicians – Master's/Doctoral; Advanced Practice Nurse; Physician; Registered Nurse; Qualified Behavioral Health Provider – Bachelor's; and Qualified Behavioral Health Provider – Non-Degreed.

Six (6) encounters are allowed per State Fiscal Year (July 1 through June 30). Extension of Benefits for Medically Necessary Encounters beyond the first six (6) is required.

<sup>\*</sup>All medically necessary 1905(a) services that correct or ameliorate physical and mental illnesses and conditions are covered for- EPSDT eligible beneficiaries ages birth to twenty-one, in accordance with 1905(r) of the Social Security Act.

### FINANCIAL IMPACT STATEMENT

### PLEASE ANSWER ALL QUESTIONS COMPLETELY

DE	PARTMEN	T <u>Department c</u>	f Human Services	5			
DIV	VISION	Division of Me	edical Services				
PE]	RSON COM	IPLETING THIS S	TATEMENT	Jason C	allan		
TE:	LEPHONE	501-320-6540	FAX 501-682	-8155	EMAIL:	Jason.Callan@dhs.a	rkansas.gov
		n Ark. Code Ann. § 2 with the questionnai			ete the follov	ving Financial Impac	t Statement and
SH	IORT TITL	E OF THIS RULE				s Units and Substanc r Specific Services	e Abuse
1.	Does this pr	roposed, amended, o	r repealed rule ha	ve a finan	icial impact?	Yes 🔀	No 🗌
2.	. Is the rule based on the best reasonably obtainable scientific, technical, economic, or other evidence and information available concerning the need for, consequences of, and alternatives to the rule?  Yes  No						
3.	3. In consideration of the alternatives to this rule, was this rule determined by the agency to be the least costly rule considered?  Yes  No				No 🗌		
	If an agency is proposing a more costly rule, please state the following:						
	(a) How the additional benefits of the more costly rule justify its additional cost; N/A						
	(b) The reason for adoption of the more costly rule; N/A						
	<ul><li>(c) Whether the more costly rule is based on the interests of public health, safety, or welfare, and if so, please explain; and;</li><li>N/A</li></ul>						
	(d) Whether the reason is within the scope of the agency's statutory authority; and if so, please explain.  N/A					ease explain.	
4.	4. If the purpose of this rule is to implement a federal rule or regulation, please state the following:						
		is the cost to implem			-	J	
<u>Cu</u>	ırrent Fiscal	•		C	xt Fiscal Ye	<u>ar</u>	
Fee Ca	eneral Revent deral Funds sh Funds ecial Revenu	\$0 \$0		Fed Cas	neral Revenu leral Funds sh Funds ecial Revenu	\$0 \$0	

Revised June 2019

Other (Identify	\$0	Other (Identify)	\$0		
Total	\$0	Total	<b>\$</b> 0		
(b) What	is the additional cost of the state	rule?			
Current F	iscal Year	Next Fiscal Year			
General Re Federal Funds Cash Funds Special Re Other (Iden	10	General Revenue Federal Funds Cash Funds Special Revenue Other (Identify) Total	\$61,744 \$155,816 \$0 \$0 \$0 \$0		
			y and business subject to the proposed rule and explain how they		
Current Fisca \$ 0	<u>l Year</u> –	Next Fiscal Y	Next Fiscal Year  \$ 0		
6. What is the Is this the c  Current Fisca  \$ 46,308	cost of the program or grant? Plea	r to state, county, and municipalse explain how the government    Next Fiscal Y  \$ 61,744			
obligation of entity, privat	t to the agency's answers to Quest at least one hundred thousand do te business, state government, couties combined?	ollars (\$100,000) per year to a punty government, municipal government	orivate individual, private vernment, or to two (2) or more		
	Yes No No				
filing the fin	If YES, the agency is required by Ark. Code Ann. § 25-15-204(e)(4) to file written findings at the time filing the financial impact statement. The written findings shall be filed simultaneously with the financial impact statement and shall include, without limitation, the following:				
(1) a stateme	(1) a statement of the rule's basis and purpose; <u>N/A</u>				
` '	em the agency seeks to address wed by statute; N/A	vith the proposed rule, including	g a statement of whether a rule		
	tion of the factual evidence that: astifies the agency's need for the p	proposed rule; and			

- (b) describes how the benefits of the rule meet the relevant statutory objectives and justify the rule's costs; N/A
- (4) a list of less costly alternatives to the proposed rule and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule; <u>N/A</u>
- (5) a list of alternatives to the proposed rule that were suggested as a result of public comment and the reasons why the alternatives do not adequately address the problem to be solved by the proposed rule; <a href="N/A">N/A</a>
- (6) a statement of whether existing rules have created or contributed to the problem the agency seeks to address with the proposed rule and, if existing rules have created or contributed to the problem, an explanation of why amendment or repeal of the rule creating or contributing to the problem is not a sufficient response; and N/A
- (7) an agency plan for review of the rule no less than every ten (10) years to determine whether, based upon the evidence, there remains a need for the rule including, without limitation, whether:
  - (a) the rule is achieving the statutory objectives;
  - (b) the benefits of the rule continue to justify its costs; and
  - (c) the rule can be amended or repealed to reduce costs while continuing to achieve the statutory objectives. N/A

# Statement of Necessity and Rule Summary Extension of Benefits for Acute Crisis Units and Substance Abuse Detoxification, and Telemedicine for Specific Services

#### **Statement of Necessity**

The Division of Medical Services (DMS) revises the Outpatient Behavioral Health (OBH) Provider Manual and amends the State Plan to incorporate an extension of benefits to replace previous hard limits so that clients can access medically necessary services. Correspondingly, DMS adds provisions allowing for telemedicine for certain services. Finally, DMS updates section III of all provider manuals to reflect the telemedicine changes.

#### **Rule Summary**

DMS revises the OBH provider manual to incorporate an extension of benefit process when it is medically necessary for a client to exceed ninety-six (96) hours per admission in an Acute Crisis Unit, and when it is medically necessary to exceed six (6) encounters per State Fiscal Year of Substance Abuse Detoxification. The State Plan was amended to reflect the changes.

Correspondingly, updates to the manual include provisions allowing for telemedicine for:

- Group Behavioral Health Counseling, ages eighteen (18) and above
- Marital/Family Behavioral Health Counseling with Beneficiary Present
- Marital/Family Behavioral Health Counseling without Beneficiary Present
- Mental Health Diagnosis, under age twenty-one (21)
- Substance Abuse Assessment
- Crisis Intervention

#### The following catalogs the changes to the OBH provider manual and Section III of all provider manuals:

- Section 252.111 is revised to remove the GT informational modifier for telemedicine.
- Section 252.112 is revised to include use of telemedicine for ages eighteen (18) and over.
- Section 252.113 is revised to include use of telemedicine.
- Section 252.114 is revised to include use of telemedicine.
- Section 252.115 is revised to remove the GT informational modifier for telemedicine.
- Section 252.117 is revised to remove age limitations for use of telemedicine for mental health diagnoses, and to remove the GT informational modifier for telemedicine.
- Section 252.118 is revised to remove the GT informational modifier for telemedicine.
- Section 252.119 is revised to include use of telemedicine.
- Section 252.121 is revised to remove the GT informational modifier for telemedicine.
- Section 252.122 is revised to remove the GT informational modifier for telemedicine.
- Section 255.001 is revised to include use of telemedicine.
- Section 255.003 is revised to include extension of benefits for additional days when medically necessary and duplication of rule is deleted.
- Section 255.004 is revised to include extension of benefits for additional encounters when medically necessary.
- Section 305.000 is revised to remove reference to the GT modifier when billing for telemedicine.

#### NOTICE OF RULE MAKING

The Director of the Division of Medical Services of the Department of Human Services announces for a public comment period of thirty (30) calendar days a notice of rulemaking for the following proposed rule under one or more of the following chapters, subchapters, or sections of the Arkansas Code: §§ 20-76-201, 20-77-107, and 25-10-129.

#### Effective October 1, 2021:

The Director of the Division of Medical Services (DMS) amends the State Plan and several rules in the Outpatient Behavioral Health Provider Manual to provide flexible treatment options to clients. DMS adds the use of telemedicine for certain behavioral health services and provides directions for claim submissions. DMS also amends rules to remove hard limits and add a process for the extension of benefits when it becomes medically necessary for a client to exceed certain behavioral health benefit limits. DMS updates section III of all provider manuals to reflect telemedicine coding changes.

The proposed rule is available for review at the Department of Human Services (DHS) Office of Rules Promulgation, 2nd floor Donaghey Plaza South Building, 7th and Main Streets, P. O. Box 1437, Slot S295, Little Rock, Arkansas 72203-1437. You may also access and download the proposed rule at <a href="https://humanservices.arkansas.gov/do-business-with-dhs/proposed\_-rules/">https://humanservices.arkansas.gov/do-business-with-dhs/proposed\_-rules/</a>. Public comments must be submitted in writing at the above address or at the following email address: <a href="https://organize-organize

A public hearing by remote access only through a Zoom webinar will be held on June 29, 2021, at 10:00 a.m. and public comments may be submitted at the hearing. Individuals can access this public hearing at <a href="https://us02web.zoom.us/j/85403489592">https://us02web.zoom.us/j/85403489592</a>. The webinar ID is 854 0348 9592. If you would like the electronic link, "one tap" mobile information, listening only dial-in phone numbers or international phone numbers, please contact ORP at <a href="https://organization.org/organization-numbers">ORP@dhs.arkansas.gov</a>.

If you need this material in a different format, such as large print, contact the Office of Rules Promulgation at 501-396-6428.

The Arkansas Department of Human Services is in compliance with Titles VI and VII of the Civil Rights Act and is operated, managed, and delivers services without regard to religion, disability, political affiliation, veteran status, age, race, color, or national origin.

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Elizabeth Pitman, Director

Division of Medical Services