ARKANSAS REGISTER





Sharon Priest Secretary of State State Capitol Rm. 026 Little Rock, Arkansas 72201-1094

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1	of Health Fruity Services			
Department Health.				
Contact Person <u>Val Bu</u>	ek			
Statutory Authority for Promulgating Rules				
Intended Effective Date Emergency	Date Legal Notice Published Dec 20, 1994			
☐ 10 Days After Filing	Final Date for Public Comment			
Ur Other april 10, 1997	Reviewed by Legislative Council			
	Adopted by State Agency			
CERTIFICATION OF AUTHORIZED OFFICER				
I Hereby Certify That The Attached Rules Were Adopted In Compliance with Act 434 of 1967 As Amended.				
Wality Buch Signature				
50 661-2201 Phone Number				
Weresto	er Health Facility Source 37 3			
	Mary 11, 1997			

	RIMINI Health		<u> An ofgister niv.</u>
DIVI	SION Health Facility Services ON COMPLETING THIS STATEMENT	Valotta M. Ruck	
	PHONE NO. 501-661-2201		97 MAR PH 2: 16
	FINANCIAL IMP	ACT STATEMENT	SHAROM PRIEST SEGRETARY OF STATE STATE OF ARKANSAS
Fina	omply with Act 884 of 1995, proceed Impact Statement and finds		
SHOR	T TITLE OF THIS RULE Home Heal	th Extended Care Amendme	ent
1.	Does this proposed, amended, have a financial impact? Ye		
2.	If you believe that the deversal statement is so speculative explain.	elopment of a financ as to be cost prohi	ial impact bited, please
3.	If the purpose of this rule federal rule or regulation, for implementing the regulat	please give the inc	implement a remental cost
	1995-96 Fiscal Year	<u>1996-97 Fis</u>	cal Year
	General Revenue	Géneral Revenu	
	Federal Funds	Federal Funds_	
	Cash Funds Special Revenue	Cash Funds	
	Other	Special Revenu Other	<u> </u>
	Other Total	Total	
<u>!</u> .	What is the total estimated subject to the proposed, ame regulation?		
	1995-96 Fiscal Year	<u>1996-97 Fisc</u>	al Year
	none	none	
i .	What is the total estimated agency to implement this reg		to the
	1995-96 Fiscal Year	1996-97 Fisc	al Year
	Pana	none	



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STATE	OF ARRANSAS
BY	

CERTIFICATION

This will certify that the foregoing revisions to the Rules and Regulations for Home Health Agencies in Arkansas were adopted by the State Board of Health of Arkansas at a regular session of said Board held in Little Rock, Arkansas, on the 21st day of November, 1996.

Sandra B. Nichols, M.D.

Secretary of Arkansas State Board of Health Director, Arkansas Department of Health

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Dated at Little Rock, Arkansas, this 1st day of March 1997.

The forgoing Rules and Regulations, copy having been filed in my office, are hereby approved on this 5th day of ________, 1997.

Mike Huckabee Governor FOR HOME HEALTH AGENCIES IN ARRANSAS

IIIX

STANDARDS FOR LICENSURE

- A. A class A agency shall meet the Conditions of Participation as a home health agency under Title XVIII of the Social Security Act and the regulations adopted thereunder (42 Code of Federal Regulations 405.1201 et seq), which regulations are adopted by reference herein for all purposes. Copies of the regulations adopted by reference in this section are indexed and filed in the Division of Health Facility Services, Arkansas Department of Health, 5800 West Tenth, Suite 400, Little Rock, Arkansas 72204, and are available for public inspection during regular working hours.
- B. Agencies providing both Class A and Class B services shall meet the licensure requirements for both Class A and Class B licensure.
- C. No license may be issued to operate a subunit or branch whose primary agency is not located within the state of Arkansas.
- D. Where the Health Service Agency determines a Permit of Approval is required, this must be obtained for the geographical area to be served by the agency before a license can be issued.

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XIV

STANDARDS FOR A CLASS B LICENSE

- A. A Class B agency shall meet the standards of this section and the Standards for Extended Care Services, if applicable. In no case shall the Division license a Class B agency to operate a branch office or subunit unless the agency first is licensed to operate a primary home health agency within the State of Arkansas.
- B. Where the Health Service Agency determines a Permit of Approval is required, this must be obtained for the geographical area to be served by the agency before a license can be issued.
- C. Organizational structure and operational policies of the agency must be clearly stated in writing. It must include the lines of authority and delegation of responsibility down to the patient care level and the services provided.
 - The ownership of the agency shall be involved in development, review and periodic evaluation of agency budget, policies and services. Documentation shall be maintained of such involvement.

IVX

STANDARDS FOR EXTENDED CARE SERVICES

Extended Care is defined as six (6) or more hours of continuous home health services provided in a twenty-four (24) hour period, by a licensed agency which provides both skilled nursing and other home health services. (Medicaid Personal Care is not included in the above definition.)

In addition to meeting the applicable standards for Class B license, all agencies providing extended care must meet the following:

- A. Shall make available in writing the hours of service and provide a Registered Nurse Supervisor or a Registered Nurse and Supervisor for consultation and triage at least during those hours. The agency shall be responsible for assuring that each patient, or guardian if the patient is mentally incompetent, is aware of the steps to take in an emergency or unusual situation. The agency must have a contingency plan regarding how the case is managed if a scheduled employee is unable to staff the case;
- B. The patient's permanent medical record shall be available at the licensed agency location that has been approved by the Division to provide the services;
- C. A medical record must also be maintained in the home if a patient is receiving skilled extended care.
 - The record must contain:
 - a. Current plan of treatment (physician's orders);

- b. Medication profile;
- c. Clinical notes;
- d. Documentation of any medication administered by agency staff including the date, time, dosage and the manner of administration;
- e. Any other information deemed necessary by the licensed agency.
- The information included in the home record must be filed in the permanent medical record at least every two (2) weeks if it is not already included in the permanent record.
- If extended care aide service is the only service being provided, a
 home record is not required. Written instructions for the aide
 service must be maintained in the home and in the permanent record;
- D. For patients receiving skilled extended care, a visit must be made to the patient's home by a registered nurse, who is an employee of the licensed agency, no less frequently than every two (2) weeks to supervise the services being provided. Patients requiring extended care services beyond three (3) months and classified by the licensed agency as chronic/stabilized will require supervision once every month.

For patients receiving extended care aide services only, the aide must be continually supervised and a visit must be made to the patient's home by a Registered Nurse at least every thirty (30) days;

E. The agency must have an orientation plan for the staff providing the care to the patients. Since extended care cases may involve highly technical services, this plan must reflect how the agency ensures that the individuals providing the extended care are qualified to provide these types of services; 1.

F. Contracting for Extended Care Services. An Arkansas licensed home health agency may contract with another entity to provide extended care in the licensed agency's service area provided that administration, patient management and supervision down to the patient care level is ultimately the responsibility of the licensed agency.

A written contract is required and must specify the following:

- All referrals are through the primary agency and patients are accepted for care only by the primary agency;
- 2. The services to be provided;
- 3. The contracted entity conforms to all applicable agency policies, including personnel qualifications;
- 4. The primary agency is responsible for reviewing, approving and assuring the implementation of the plan of treatment;
- 5. The manner in which services will be controlled, coordinated and evaluated by the primary agency;
- 6. The procedures for submitting medical record documentation and scheduling of staff;
- 7. The procedure for how changes in the plan of treatment will be communicated between the two (2) agencies;

- G. Conditional Emergency Service. Notwithstanding the provisions of these Rules and Regulations, the Division of Health Facility Services shall be empowered to permit the provision of extended care to one (1) or more individuals by any licensed extended care provider where such provider:
 - 1. Certifies that the patient requires conditional emergency services which shall be defined as; a medically indicated skilled extended care case in which the patient requires specialized care of a Registered Nurse or a Licensed Practical Nurse under the supervision of a Registered Nurse, not available through licensed agencies in the area and which, if not provided, would result in the patient being institutionalized;
 - 2. Furnishes such information on forms prescribed by the Department regarding the patients receiving conditional emergency services that would include but not be limited to:
 - a. Name of patient;
 - b. Address of the patient;
 - c. Diagnosis;
 - d. The type of specialized skilled extended care the patient requires and why the patient would require institutionalization if the care was not provided;
 - 3. Furnishes information to the Department ensuring that all agencies whose extended care licensed area encompasses the location of the patient were contacted to determine if the required services could be provided. Such information should include the name of the agency contacted, the name of the person contacted, the date and time of the contact, and the reason given for not being able to provide the

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care. If the agency contacted does not respond with an answer within twenty-four (24) hours of the initial contact the agency seeking to provide the services may proceed as required. The lack of response should be noted in the information furnished to the Department.

In each case the Division of Health Facility Services shall maintain a file or register concerning the Conditional Emergency Service and notify both the Health Services Agency and any licensed providers whose extended care geographical area includes the location of the service.

The approval will be for a period of one-hundred-eighty (180) days. For each consecutive one-hundred-eighty (180) day period thereafter, the agency will be required to submit documentation as required in G.

If, at the end of each one-hundred-eighty (180) day period services are available through an agency licensed for the area, the agency providing the service must notify the patient/caregiver of the availability of services through a licensed agency in the area and offer the opportunity to transfer.

The choice of transfer shall be the patient/caregiver's decision.

An agency operating outside their licensed service area must provide documentation to the Department at the beginning of each one-hundred-eighty (180) day period that the patient was informed of any new agencies providing extended care services in the area and was given the choice of transferring. The information shall be submitted on forms prescribed by the Department.

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An agency operating outside their licensed geographic area to provide extended care may provide all services required by the patient until such time the skilled extended care is discontinued or the patient is transferred to an agency licensed to provide extended care services in the area. The discharging agency will be responsible for referring the patient to an agency licensed to serve the area in which the patient resides if the patient requires further service.